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Sandy grounds local

At weather's mercy.

Storm plays havoc with Edmonton man's flight out of New York

RYAN TUMILTY
ryan.tumilty@metronews.ca

Hurricane Sandy battered the Eastern Seaboard, Monday, knocking out power and stranding thousands of people, including some from this city.

Edmontonian Shaun Brandt was in Brooklyn with his company, ONST creative, when they found out about the looming storm. He said they tried to get out ahead of it, but were forced to ride it out in New York.

"We were supposed to leave (Tuesday) morning, but we rebooked our flights for (Sunday) morning to try and get out before the storm hit, and then when we got to the airport they told us we couldn't leave," Brandt said on Monday.

He said they didn't feel unsafe in their hotel, but they could definitely see the impact the storm was

having on the city.

"It's pretty crazy where we are because we're actually pretty close to water. I think we are just going to stay inside," he said.

The Edmonton International Airport was starting to feel some of the storm's effects Monday and airport spokesperson Chris Chodan said they could see delays as the storm hits.

"We are expecting to see a ripple effect take place if the large eastern

airports or service hubs have any delay that will spill over."

WestJet had cancelled its service in and out of New York for the next two days, and on Monday, it had about 30 cancellations across airports in Halifax, Montreal and Ottawa.

Online

For more local news visit metronews.ca



Two men brace against a gust from Hurricane Sandy in Brooklyn's Dumbo neighbourhood on Monday. The superstorm slammed into the Big Apple and left many people stranded, including Edmontonian Shaun Brandt, who was in New York on business. For more Sandy coverage, see pages 8-11 and 16, and visit metronews.ca.

BEBETO MATTHEWS/THE ASSOCIATED PRESS

Punk'd

Don't be fooled by the photos, says Mila Kunis — she isn't expecting Ashton Kutcher's kid PAGE 23



Fame and misfortune

Maygan Sensenberger wanted to be known as a model or actress, not the 'crazy Air Canada lady' PAGE 13

Keep the spooky surprises for the haunted house

And keep your little trick-or-treaters safe as they go door-to-door PAGE 24



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Accident. Cyclist injured in LRT collision

A man is in hospital after being hit by a train at a north Edmonton LRT crossing on Monday afternoon.

Edmonton Police Service said the man was crossing the LRT tracks on his bicycle at the intersection of 112 Avenue and 82 Street when he was hit by a northbound train.

The cyclist was taken to hospital with non-life-threatening injuries.

Laurie Callsen/METRO



LRT service was stopped for about 20 minutes after Monday's accident.
ANNALISE KLINGBEIL/METRO

Katz affair. Donations don't influence decisions: Minister

The province turned down Daryl Katz's requests for a casino licence and direct funding for a new arena, despite the Edmonton Oilers owner's sizable campaign donation to the Tories, Finance Minister Doug Horner says.

Horner made the comments during question period as opposition politicians renewed their attacks over the \$300,000 contributed by

Katz, his family and associates to the Tories in the last election.

Horner says campaign donations do not affect how the government makes policy, no matter the size.

He also accused the Opposition Wildrose party of being hypocrites for criticizing the Tories while also accepting large, single-source donations. **THE CANADIAN PRESS**

Garneau frat house gets the thumbs-up

Moving on.

U of A fraternity wants to build new home in Garneau neighbourhood

RYAN TUMILTY
ryan.tumilty@metronews.ca

Garneau's community league has given their blessing to fraternity boys looking for a new place to hang their hats.

Phi Gamma Delta is applying for a development permit with the aim of moving out of their current house on 89 Avenue and into a new home on 87 Avenue.

Paul Cachia, president of the Garneau community league, said the fraternity has been patient in trying to build a new home in an acceptable spot for the community.

"That fraternity had worked really well with the community league in coming forward and pointing out properties that they wanted to buy."

Barry Benkenndorf, a fraternity alum who is working on the plans to build a new house, said frat members work closely with the com-

Frat zone

- The Garneau neighbourhood's planning documents call for fraternities to be situated in special zones, including along 87 Avenue where the new house is planned.
- Phi Gamma Delta has been at the University of Alberta since 1968.

munity and don't want to be a bother.

"We currently operate a house and have for the last 25 years in Garneau and haven't had any problems," Benkenndorf said.

He said their current house is older and their lease is coming up for renewal and they want a permanent home. "We just want to be in our place where we can secure the future of the fraternity."

Kevin Wehlage, fraternity president, said they hold social events away from the house and work to be good neighbours. "We understand that people are trying to raise families in the neighbourhood and we don't want to disrupt that," he said.



Kevin Wehlage, president of the Phi Gamma Delta fraternity, says the frat wants to move from 89 Avenue to a new home a few blocks away.
RYAN TUMILTY/METRO

City Centre Airport

Airport site named in honour of former mayor

A former mayor who played a vital role in developing Edmonton's aviation history will become the namesake for the City Centre Airport redevelopment.

Kenneth Blatchford, Edmonton's mayor from 1924 to 1926, helped develop the patch of land into the city's first municipal airport, Blatchford Field, and the

airport redevelopment will be called Blatchford in his honour.

"The Blatchford redevelopment will be known



Kenneth Blatchford
CONTRIBUTED

worldwide for its innovation, and it's fitting that it bears the name of one of Edmonton's great visionaries," Mayor Stephen Mandel said in a statement on Monday. **METRO**

Shop till you drop

Simons opening in WEM

The first Simons store outside of Quebec is opening a 115,000-square-foot store in West Edmonton Mall on Wednesday. The store carries men's and women's fashions, home furnishings and features express fitting rooms, photo booths and a gaming wall for shoppers to play while they shop. It will be located along Europa Boulevard. **METRO**

Police investigation

Man arrested for sex offences

A 25-year-old man is facing sex charges after allegedly approaching young girls in south Edmonton. Police say they were called to a home in Capilano on Oct. 16 after reports of indecent exposure. Police linked this case to six incidents between Aug. 16 and Oct. 16 in Ottewell and Minchau. Joshua Joseph Trotchie, 25, faces eight sex-related charges. **METRO**

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Michelene Deck, left, and Trina Innes ride bicycles at Monday's Sustainability Awareness Week kickoff at the University of Alberta. ANNALISE KLINGBEIL/METRO

U of A students kick off Sustainability Awareness Week

It's easy being green.

Event features 50 workshops, tours, lectures and events

ANNALISE KLINGBEIL

annalise.klingbeil@metronews.ca

From garbage bins that extend several feet underground and use the weight of waste to self-compact, to fertilizer made from composted groundskeeping materials, the University of Alberta is littered with innovative green initiatives.

The institution's environmentally-friendly projects are being showcased this week as part of the university's fifth annual Sustainability Awareness Week.

"One of the things that is really neat about being here is we can use the campus as a lab and we can experiment with things," said Trina Innes, director of the school's Office of Sustainability.

ector of the school's Office of Sustainability.

This week, the U of A Office of Sustainability is hosting 50 different workshops, tours, lectures and events to help students and staff learn about sustainability.

"If everybody makes one small change collectively, we can all make a difference," said Michelene Deck, program lead, marketing and communications.

"That's the point of Sustainability Awareness Week, letting people know and getting the word out."

As students lined up outside for a barbecue lunch and cupcakes to mark the kickoff of Sustainability Awareness Week on Monday, they enjoyed music that was powered by people pedalling bicycles, one of many creative eco-efforts the week will showcase.

"(Sustainability) is looking at the economy, it's looking at our society and the environment," Innes said.

On the schedule

There are 50 events happening across the University of Alberta's three campuses until Friday, including:

- **Career Forum:** Students can learn about careers in the field of sustainability on Tuesday at 5 p.m. on campus.
- **Electronics Roundup:** People can bring their unused electronic equipment for recycling on Thursday between 8 a.m. and 4 p.m. at the Jubilee Auditorium.
- **Sustainable Cooking Class:** Students can learn how to cook using locally, organically and ethically sourced ingredients on Thursday at 5 p.m. on campus.

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Welcome to Sandy land



The Hudson River swells and rises over the banks of the Hoboken, N.J., waterfront as superstorm Sandy approaches on Monday. CHARLES SYKES/THE ASSOCIATED PRESS

Faster, stronger than expected. A Toronto woman was killed by flying debris as high winds whipped the city

Superstorm Sandy slammed into the New Jersey coastline and hurled a record-breaking four-metre surge of seawater at New York City on Monday, roaring ashore and putting the presidential campaign on hold a week before Election Day.

At least 10 deaths were blamed on the storm — they were in New Jersey, New York, Maryland, Pennsylvania and Connecticut. Police in Toronto said a woman was killed by a falling sign as high winds closed in on the city.

Sandy knocked out power to at least 5.2 million people across the U.S. East, and New York's main utility said large sections of Manhattan had been plunged into darkness by the storm, with 250,000 customers without power as water pressed into the island from three sides, flooding rail yards, subway tracks, tunnels

and roads.

Just before its centre reached land, the storm was stripped of hurricane status, but the distinction was purely technical, based on its shape and internal temperature. It still packed hurricane-force wind, and forecasters were careful to say it remained every bit as dangerous to the 50 million people in its path.

The full extent of the storm's damage across the region was unclear, and unlikely to become known until day break. Heavy rain and further flooding remain major threats over the next couple of days as the storm makes its way into Pennsylvania and up into New York State. Near midnight, the centre of the storm was just outside Philadelphia, and its winds were down to 120 km/h, just barely

Labelling

"Nature doesn't really give a darn what we call it."

Chris Landsea, of the National Hurricane Center, on Sandy being a difficult storm to label because it began to lose its tropical characteristics as it hit shore



A man struggles with his mangled umbrella in Baltimore, Md., Monday. JOSE LUIS MAGANA/THE ASSOCIATED PRESS

hurricane strength.

The National Hurricane Center announced at 8 p.m. that Sandy had come ashore near Atlantic City. It smacked the boarded-up big cities of the Northeast corridor, from Washington and Baltimore to Philadelphia, New York and Boston, with stinging rain and gusts of more than 135 km/h. The sea surged a record of nearly four metres at the foot of Manhattan, flooding

the financial district and subway tunnels.

As it made its way toward land, it converged with a cold-weather system that turned into a fearsome superstorm, a monstrous hybrid consisting not only of rain and high wind but of snow. Forecasters warned of six-metre waves bashing into the Chicago lakefront and up to 90 centimetres of snow in West Virginia.

Storm damage was projected at \$10 billion to \$20 billion, meaning it could prove to be one of the costliest natural disasters in U.S. history.

U.S. President Barack Obama and Mitt Romney suspended their campaigning with just over a week to go before Election Day.

At the White House, Obama made a direct appeal to those in harm's way: "Please listen to what your state and local officials are saying. When they tell you to evacuate, you need to evacuate. Don't delay, don't pause, don't question the instructions that are being given, because this is a powerful storm."

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Sandy grounds flights worldwide



Reagan National Airport in Arlington, Va., was nearly deserted as the leading edge of Hurricane Sandy moved across the nation's capital on Monday. WIN MCNAMEE/GETTY IMAGES

Stranded passengers. Nearly 10,000 flights cancelled as major travel hubs across the globe feel the effects of superstorm

Hurricane Sandy grounded thousands of flights in the U.S. northeast Monday and up-

ended travel plans across the globe, stranding passengers from Hong Kong to Europe. The massive storm threatens to bring a near halt to air travel for at least two days in a key region for both domestic and international flights.

Major carriers such as American Airlines, United and Delta cancelled all flights into and out of three area airports in New York, the nation's busiest airspace. According to the

flight-tracking service FlightAware, nearly 10,000 flights had been cancelled for Monday and Tuesday, almost all related to the storm.

The cancellations have already surpassed those from last year's damaging Hurricane Irene. They're now on par with a major winter storm in early 2011, when 14,000 flights were scrapped over four days.

Disruptions spread to Europe and Asia, where airlines

cancelled or delayed flights to New York and Washington from major travel hubs like London, Paris, Tokyo and Hong Kong.

The storm was stripped of hurricane status, but the distinction was purely technical. It still packed hurricane-force wind, and forecasters were careful to say it remained every bit as dangerous to the 50 million people in its path.

THE ASSOCIATED PRESS

Some shows go on. Late-night hosts perform without audiences

David Letterman didn't get many laughs for his monologue Monday: The Late Show host told his jokes to a mostly empty Ed Sullivan Theater.

Jimmy Fallon taped Late Night without an audience, too, as Hurricane Sandy disrupted a wide swath of the New York area's bustling entertainment industry.

City officials said that all film permits for Monday and Tuesday were revoked because of the hurricane and associated safety precautions.

The Daily Show and The Colbert Report took Monday night off, and each of Broad-

way's 40 theatres will be dark through Tuesday.

The storm forced Focus Features to cancel the New York premiere of Anna Karenina, which was set for Tuesday. A studio spokeswoman said they will reschedule.

Concerts planned for New York and New Jersey were cancelled or postponed, including performances by Journey, comedian Louis C.K., and the Freedom to Love Now show featuring Rufus Wainwright and Fun, which is now set for spring of 2013.

THE ASSOCIATED PRESS



Jimmy Fallon with actress Sofia Vergara on Late Night With Jimmy Fallon. GETTY IMAGES FILE

Deadly storm

Death toll continues to rise in Caribbean

Residents of Cuba's second-largest city, Santiago, remained without power or running water Monday, four days after Hurricane Sandy made landfall as the island's deadliest storm in seven years, ripping rooftops from homes and toppling power lines.

Across the Caribbean, the

storm's death toll rose to 69, including 52 people in Haiti, 11 in Cuba, two in the Bahamas, two in the Dominican Republic, one in Jamaica and one in Puerto Rico.

Communist Party newspaper Granma reported there was "severe damage to housing, economic activity, fundamental public services and institutions of education, health and culture."

Sandy came onshore early Thursday just west of Santiago, a city of about 500,000 people in southeastern Cuba.

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N.Y.C. hospital patients moved as backup fails

Power outage, damage.
New York not a great place to be on Monday

New York Mayor Michael Bloomberg said backup power was lost at New York University hospital on Monday night as the city worked to move people out.

The mayor delivered a news conference and said rain was tapering off in the city and the storm surge was expected to recede by midnight. The hospital complex is near the East River in an area of lower Manhattan.

Bloomberg also said the worst of the rain had passed for the city, and that the high tide that sent water sloshing into Manhattan from three sides was receding.

Meanwhile, America's oldest nuclear power plant was

on alert after waters from the colossal storm reached high levels.

Oyster Creek in Lacey Township, N.J., was already offline for regular maintenance before Sandy.

The Nuclear Regulatory Commission said an "unusual event" was declared around 7 p.m. when water reached a high level. The situation was upgraded less than two hours later to an "alert," the second-lowest in a four-tiered warning system. Federal officials say all nuclear plants are still in safe condition.

They said water levels near Oyster Creek, which is along the Atlantic Ocean, would likely recede within a few hours.

Oyster Creek went online in 1969 and provides nine per cent of New Jersey's electricity. **THE ASSOCIATED PRESS**

Wall falls down

As seen at right, the facade of a four-storey Manhattan building in the Chelsea neighbourhood crumbled and collapsed suddenly, leaving personal contents like couches and paintings visible from the street.

- No one was hurt, although some of the falling debris hit a car.
- In downtown Manhattan, rescue workers floated orange rafts on flooded streets, while police officers with loudspeakers told people to go home.
- "Now it's really turning into something," said Brian Damianakes, taking shelter in a bank vestibule.



Firefighters evaluate the scene of an apartment building whose front wall collapsed during superstorm Sandy's rampage through

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NORTHLANDS EVENT



New York City on Monday night. ANDREW BURTON/GETTY IMAGES

Vessel made in Canada

Coastguard searches for ship's captain

A Canadian-built replica 18th-century sailing vessel got caught in Sandy's wrath and began taking on water Monday, forcing the crew into lifeboats in rough seas near North Carolina.

The U.S. Coast Guard rescued 14 people by helicopter and spent much of the day searching for two missing crew members.

One of them, 42-year-old Claudene Christian, was taken to hospital where she was pronounced dead, according to reports. Rescuers continued to search for the missing captain of the HMS Bounty, 63-year-old Robin Walbridge. Both Christian and Walbridge were wearing survival suits designed to help keep them afloat and protected from cold waters for up to 15 hours.

Earlier in the day, coast guard rescue swimmer Randy Haba helped pluck several crew members off a 7.6-metre life raft.

"It's one of the biggest seas I've ever been in. It was huge out there," Haba said.

THE ASSOCIATED PRESS

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Social media used as means for child trafficking

Real dangers.

Seemingly innocent flirtation leads to horror as predators find new tools to entrap girls

When a 14-year-old girl received a Facebook friend request from an older man she didn't know, she accepted it out of curiosity. It's a click

she will forever regret, leading to a brutal story that has repeated itself as sexual predators find new ways to exploit Indonesia's growing obsession with social media.

The junior-high student was quickly smitten by the man's smooth online flattery. They exchanged phone numbers, and his attention increased with rapid-fire texts. He convinced her to meet in a mall, and she found him just as charming

Predators on Facebook

"So far this year, 27 of the 129 children reported missing (in) Indonesia ... (were) abducted after meeting their captors on Facebook."

Merdeka Sirait, chairman of the National Commission for Child Protection. One of the 27 has been found dead.

in person.

They agreed to meet again. After telling her mom she was going to visit a sick girlfriend on her way to church choir practice, she climbed into the man's minivan near her home in Depok, on the outskirts of Jakarta.

The 24-year-old man, who called himself Yogi, drove for an hour to the town of Bogor. He locked her in a small room inside a house with five others.

THE ASSOCIATED PRESS



In this Oct. 19 photo, Indonesian youths browse at a cafe. There are eight cases this month of girls being abducted. TATAN SYUFLANA/THE ASSOCIATED PRESS

Myanmar. Violence between Muslims and Buddhists raises concern

Survivors of ethnic clashes in western Myanmar lashed out at the government Monday for failing to prevent violence between Muslims and Buddhists that has displaced more than 28,000 people over the last week.

The crisis, which first began in June, has raised international concern and posed one of the biggest challenges yet to Myanmar's reformist President Thein Sein, who inherited power from a xenophobic military junta last year.

The latest violence between ethnic Rakhine Buddhists and Rohingya Muslims began Oct. 21 and has left at least 84 people dead and 129 injured, according to the government. Human-rights groups believe the true toll could be far higher.

"The authorities are not solving the problem and soldiers are not defending us," said Kyaw Myint, a Muslim man who took refuge at Thee-aung camp, outside Sittwe. He fled his home in nearby Pauktaw when it was torched Wednesday.

"I feel as though I am in hell," he said. "We have no one to take care of us, no place to go, and now no job to earn a

Root cause

"We are helpless because the government is not dealing with the root of the problem."

Rakhine trader Maung Than Naing, 37 living."

A 37-year-old Rakhine trader named Maung Than Naing, reached by phone in the village of Kyauktaw, also expressed anger over the government's handling of the violence.

"We are helpless because the government is not dealing with the root of the problem," he said. "We no longer want to live with the Muslims."

Maung Than Naing, who also lost his home in an arson attack, blamed the Rohingya for breaking the calm.

"These poor Muslim people who live hand to mouth burned their own homes so that they enjoy the UN aid where they are given shelter and free food," he said. Although many Rohingya have lived in Myanmar for generations, they are widely denigrated as intruders.

THE ASSOCIATED PRESS

Mauritius

Hundreds of monkeys bred for labs, killed

An animal-rights group has published pictures and video of hundreds of monkeys the group says were killed by a primate breeding farm on the island nation of Mauritius.

The animal rights group BUAV said the monkeys are being bred for sale to labs in the U.S. and Europe.

The group says the monkeys were killed because they had grown too big to sell. BUAV says the killings took place at a lab called Noveprim.

THE ASSOCIATED PRESS

Egypt

Coptic Christians to select a new pope

A council of Egypt's Coptic Christians voted on Monday in a process that will lead to the selection of a new pope for the ancient church, as the community struggles to assert its identity and rights amid a rising tide of Islamism that has left many Copts fearful for their future. The succession follows the March death of Pope Shenouda III at the age of 88, after 40 years as the leader of the Coptic Orthodox Church.

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Sensenberger seeking new spotlight



Maygan Sensenberger during an interview on Parliament Hill, Thursday. The 23-year-old met 69-year-old Sen. Rod Zimmer in Toronto four years ago. Their age difference drew stares immediately. SEAN KILPATRICK/THE CANADIAN PRESS

Unruly passenger. Wife of senator, an aspiring actress, doesn't want to be known as 'the crazy Air Canada lady'

As her face flashed across television screens throughout the Saskatoon airport's boarding area, Maygan Sensenberger slunk a little lower into her

seat. An aspiring actress and model, she'd always dreamed of being famous. Just not like this.

All Sensenberger, 23, wanted to do was get home to Ottawa after pleading guilty to causing a disturbance on an Air Canada flight she took in August along with her 69-year-old husband, Liberal Sen. Rod Zimmer.

But her sensational case — she was accused at one point of

threatening to kill her husband — had attracted intense media scrutiny and public interest.

The couple had been on the way to Saskatoon for Zimmer's mother's interment the night of the fateful flight. Neither will discuss the details of precisely what happened.

Witnesses reported Zimmer was in medical distress and Sensenberger was equally distressed when she felt no one was giving him enough help.

Zimmer suggested the whole thing was his fault after he tried to convince her his health was fine.

At first, Sensenberger planned to lie low for a while. But she quickly got bored.

She started sending out headshots, and soon landed roles in two consecutive independent films. She intends to keep at it, while learning to navigate Ottawa's political waters. **THE CANADIAN PRESS**

Tweets over sheets. Social media more irresistible than sex, study shows

Not tonight, dear ... I'm on Facebook.

Well, it may not have come to that (as of yet) but a new study suggests social media activity, such as checking tweets and email, trumps sex, as well as smoking and alcohol, in terms of sheer irresistibility.

The University of Chicago Booth School of Business, operating in Germany, used smartphone-based surveys to check the desires of 205 men and women, most of whom were college aged, ABC News reported.

For one week the phones buzzed seven times daily alerting the students to take a sur-

vey on the type, strength and timing of their desires (for sex and/or using social media) and their ability to resist them.

This meant they had to identify what the desire was and how strong it was.

They also had to note if it conflicted with other desires and what decision they had made, whether to accept or resist the temptation.

While the desire for sex was stronger, the study subjects were more likely to cave in to the desire to use media, including email and social networking platforms like Facebook and Twitter, according to the study. **TORSTAR NEWS SERVICE**



A study has found that the desire to use social media trumps sexual desire.

DAN KITWOOD/GETTY IMAGES

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DON'T

Absolutely don't try any of these when it comes to your Halloween costume:

1. **Be a racist.** At the Campbellford Royal Canadian Legion hall in 2010, one man went as a Ku Klux Klan member and another went in blackface, wearing a noose. They won "best costume." The president of the legion, who was not at the event, later issued an apology.

2. **Be a Nazi.** In 2005, Prince Harry dressed up as a Nazi at a costume party. It's not any more appropriate at Halloween.



GETTY IMAGES FILE

3. **Go naked.** It's probably also a bad idea to "dress up" as Prince Harry in Vegas — at least if you plan on going out in public.

4. **Be a perv.** Some pre-made Halloween costumes are truly atrocious. "Dr. Howie Feltersnatch, gynecologist" may give you a giggle when you read his name tag — but not everyone's going to laugh.

5. **Go in blackface.** At a homecoming pep rally in Waverly, N.Y., this fall, three white students put on blackface and re-enacted Chris Brown beating Rihanna. Neither blackface nor domestic abuse make for great Halloween costumes.

6. **Be a "Happy priest" or "Sexy nun."** Package costumes for women that take religious figures and make them "sexy" for women and add a fake erection for men are bound to offend.



Not everyone will find a sexy nun costume funny.

ISTOCK

Halloween lights up retailers' eyes, too

Sweet deal. Trick-or-treat spending expected to top out at \$1.5 billion this year

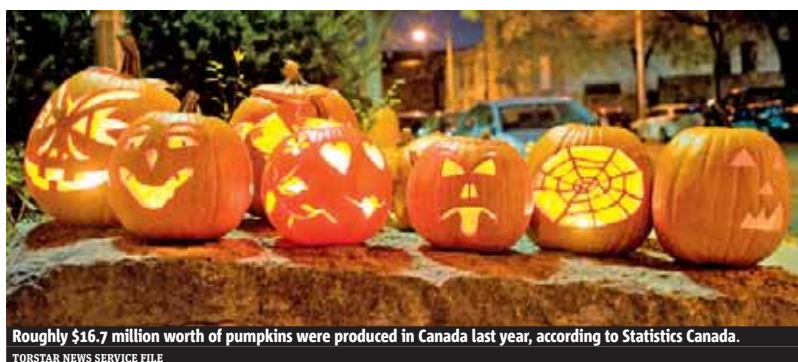


JESSICA SMITH
Metro in Toronto

There are almost 3.8 million kids of prime trick-or-treating age in Canada this year and families are spending enough on candy to give them all a killer sugar high, according to Statistics Canada.

Canadians are expected to spend \$1.5 billion on Halloween-related purchases again this year, as they did in 2011, according to Consolidated Credit Counseling Services of Canada.

Candy, confectionery and snack food sales skyrocket every October, according



Roughly \$16.7 million worth of pumpkins were produced in Canada last year, according to Statistics Canada.

TORSTAR NEWS SERVICE FILE

to Statistics Canada, which publishes a list of Halloween statistics every year. Sales totaled \$355.9 million in October 2011, almost \$80 million higher than the average month of sales that year.

Even pumpkins play a significant role in the Canadian economy in the fall, with

\$16.7 million worth produced in Canada last year, according to Statistics Canada.

According to the Bank of Montreal, Halloween is helping Canadians boost retail spending higher this year than last.

"Retailers have enjoyed some growth despite a chal-

lenging economy and mixed signals from consumers throughout this year. We expect retail sales for the month of October to be up slightly more than 2 per cent from a year ago for a total of \$39.5 billion," said Doug Porter, Deputy Chief Economist, BMO Capital Markets.

By the numbers

\$75

In a poll conducted in September, the Retail Council of Canada found Canadian households with children plan to spend an average of \$75 on Halloween purchases this year.

\$24

The study found people who live alone intend to spend an average of \$24.

75-100%

Half of the people polled said they plan to spend 75 to 100 per cent of their budget on candy.

DO

Try out one of these great #lastminutecostume suggestions from Metro readers:

- @rangina told us she bought \$2 eyeliner to become "the woman who tattooed DRAKE on her forehead." A woman from L.A. did just that in 2011 and the photos of her real, permanent tattoo went viral.



- For the less controversial, try @mlo10's suggestion. She tweeted, "@metro-toronto paperbag princess! Inside out leaf bag, rope, and a tiara."



Michelle Janzso tweeted this photo of her Paper Bag Princess costume.

CONTRIBUTED

- The politically inclined can be Clint Eastwood at the Republican Convention. Wear a suit, bring a chair. That way if you end up alone at the party, you still have someone to talk to.



Popping on costumes of pop culture icons most popular way to celebrate

Masks of American presidents flew off the shelves of a popular Toronto costume shop this year — but prime minister masks are harder to find.

Malabar, a theatrical costume and dance shop, was so packed with costume hunters on the weekend before Halloween they hired security, which controlled a lineup that went out to the street.

Alana Sambey, a dancewear expert who becomes a Halloween costume expert every fall, said the store's elaborate masks are always popular.

"There's always political stuff, they want Obama or Bush — he's really popular — and (Bill) Clinton," she said. "They sold out pretty fast."

Customers often ask for Canadian politician masks — especially of Stephen Harper — but the store hasn't found a manufacturer that makes them, she said.

This year's most popular costumes are Catwoman and Bane from the Dark Night Rises, Sambey said. Superheroes of all kinds — from the current movies or timeless comics — are always popular, she said.

"People come in looking to be inspired," she said. "But I love when people are making their own costumes. When they say they're looking for this and this, and avoid buying a packaged costume, I love helping them out."

JESSICA SMITH/METRO IN TORONTO



Dancewear expert Alana Sambey holds up a Bane costume at Malabar on Monday morning. JESSICA SMITH/METRO IN TORONTO



U.S. presidents — Obama, Clinton and Bush — remain a popular costume choice north of the border. PHOTO ILLUSTRATION: DAVID VAN DYKE/METRO; PHOTOS: GETTY IMAGES FILES

Going out in Gangnam Style

Psy says he'll be dressing his best this Halloween because his fans from around the world will be dressing up as him.

The South Korean rapper of Gangnam Style fame, whose real name is Park Jae-sang, went on Reddit last week to answer questions from fans on everything from how he and his family are handling his speedy rise to global fame to what he'll be wearing on Oct. 31.

"I heard my costume is costume of the year, so this Halloween I gotta dress more classy, as classy as possible," he wrote, adding that South Korea doesn't celebrate Halloween.

Psy will be performing for the first time in Canada Tuesday night at the Kool Haus in Toronto, as part of a promotion for Samsung. The first 25 people at the door with a Galaxy device and the best five Psy impersonators will be let in, but all of the other tickets have been given away, according to the phone company.

If dressing up as Psy and the other characters from Gangnam Style proves to be as popular as the music video, there may be millions of Psy Oppa's out tomorrow night. Good thing there are a number of looks to chose from.

Playground/Beach Psy:

You'll need: Pink shorts, white collared shirt, orange ascot or silk scarf, tortoiseshell sunglasses, and glass of cola to spit everywhere.



Psy in the stables:

You'll need: A black suit or tux, black shirt, white bow tie, black shades, black and white oxfords, a talent for horse dancing.



Garbage Psy:

You'll need: A blue blazer, black shades, black pants, white shirt, black bow tie and some friends who are willing to throw garbage at you.



Psy in the sauna:

You'll need: A blue towel, black shades and little modesty.



Gangnam Girl:

You'll need: A flowing white shirt, white socks and sandals, and sparkly shorts (or shorts, sequins and a glue gun).



Yelling at yoga butt Psy:

Adventurous couples will need: Black suit jacket, black shades, black bow tie, khakis, a white sleeveless shirt and yoga gear.



Nong Chul and Psy in the elevator:

To be comedian Nong Chul you'll need: Straw hat, lime green T-shirt and a hole punch, white shorts and some fabric pens, construction paper, glue and a necklace chain, black sandals.

To be Psy you'll need: A black suit, black bow tie, black shades and a healthy level of comfort with the friend who is going as Chul.



Sandy's economic forecast: plenty of short-term pain

Weathering the storm.

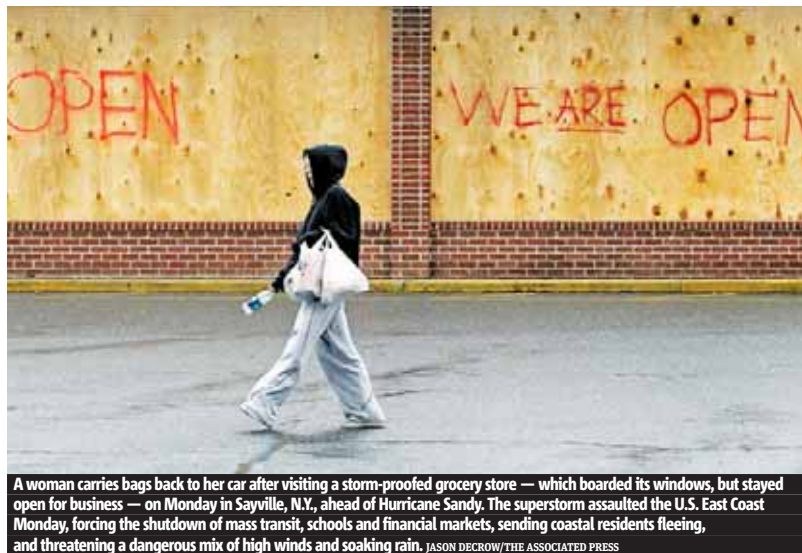
Despite current havoc, hurricane's effect on overall growth will be offset by reconstruction

Airlines cancelled thousands of flights and stranded travellers. Insurers braced for damages of up to \$5 billion US. Retailers expected shrunken sales.

Hurricane Sandy is causing disruptions for companies, travellers and consumers. But for the overall economy, damage from the storm will likely be limited. And any economic growth lost to the storm in the short run will likely be restored once reconstruction begins, analysts say.

Preliminary estimates are that damage will range between \$10 billion US and \$20 billion US. That could top last year's Hurricane Irene, which cost \$15.8 billion US.

If so, Hurricane Sandy would be among the 10 most



A woman carries bags back to her car after visiting a storm-proofed grocery store — which boarded its windows, but stayed open for business — on Monday in Sayville, N.Y., ahead of Hurricane Sandy. The superstorm assaulted the U.S. East Coast Monday, forcing the shutdown of mass transit, schools and financial markets, sending coastal residents fleeing, and threatening a dangerous mix of high winds and soaking rain. JASON DECROW/THE ASSOCIATED PRESS

costly hurricanes in U.S. history. But it would still be far below the worst — Hurricane Katrina, which cost \$108 billion US and caused 1,200 deaths in 2005.

"Assuming the storm sim-

ply disrupts things for a few days and it doesn't do significant damage to infrastructure, then I don't think it will have a significant national impact," Mark Zandi, chief economist at Moody's Ana-

lytics, said Monday. The economic impact could be more severe if the storm damages a port or a major manufacturing facility such as an oil refinery, Zandi noted.

THE ASSOCIATED PRESS

Financial markets

Storm surges into earnings season

A number of major U.S. companies postponed quarterly earnings reports scheduled for Monday and Tuesday, as Hurricane Sandy barrelled into the U.S. East Coast and caused the first unplanned shutdown of financial markets since Sept. 11, 2001.

The New York Stock Exchange, Nasdaq and CME Group in Chicago closed Monday. The last time the NYSE closed for a weather event was in 1985, when Hurricane Gloria hit the East Coast.

Stock trading will be closed in the U.S. for a second day Tuesday as the hurricane moves inland.

THE ASSOCIATED PRESS

Budget officer. Slower growth could take \$22B bite out of economy

Canada's budget watchdog says slower growth will sap about \$22 billion annually from the country's economy.

Parliamentary Budget Officer Kevin Page says in a new report that he anticipates economic growth will brake to an annual rate of 1.6 per cent in the second half of this year, after slowing to 1.8 per cent in the first half.

He's not much more optimistic going forward, forecasting tepid growth rates of 1.5 per cent in 2013 and two per cent in 2014. That's at the bottom of most economic forecasts and well below the Bank of Canada's projections of growth rates of 2.2 per cent in 2012 and 2.3 and 2.4 per cent in the two years after that.

The PBO says the removal of government stimulus has robbed about one percentage point of growth from the economy. At the weaker levels, the PBO says Canada's nominal gross domestic product, from which Ottawa derives tax revenues, will be \$22 billion lower annually.

THE CANADIAN PRESS

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Dow Jones: Closed due to storm

Coffee wars

McDonald's taps into daily grind

McDonald's will launch take-home ground coffee on Nov. 5, a product that will be only available in Canada. Each bag is priced at \$6.99 for 340 grams.

THE CANADIAN PRESS



McDonald's will start selling bags of ground coffee at its restaurants in Canada on Nov. 5. CONTRIBUTED

Online payments

PayPal cuts 325 positions

PayPal says it is cutting 325 full-time jobs in a move to streamline the business. It will also end jobs with about 120 independent contractors worldwide.

THE ASSOCIATED PRESS

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ON CONTENTIOUS COMMAS AND THE IMPORTANCE OF GRAMMAR



**SHE
SAYS...**
Jessica Napier
metronews.ca

I went to a party a few months ago with a number of friends including a fellow writer. In true nerdy English-loving fashion, we spent half of the night discussing our stance on a common gram-

matical debate: the serial comma. She was for, I was against; it got quite ugly.

Those who are passionate about punctuation will understand the dispute regarding whether or not a comma needs to precede the final item in a list.

Language 101

When you can have an entire conversation using emoticon characters — those adorable picture icons — is there really a place for your grandfather's dusty copy of *The Elements of Style*?

the British are far more likely to use the serial comma than their North American counterparts.

Are you bored yet?

Grammar lessons are something we all vaguely recall from our grade school days; chalkboards filled with dull rules about comma splicing and guidelines for capitalizing nouns. Many of these lessons have been forgotten in an age of auto-corrected predictive texting and Internet speak, TBTH.

When you can have an entire conversation using emoticon characters — those adorable picture icons — is there really a place for your grandfather's dusty copy of *The Elements of Style*?

There are still some folk who relish in grammatical nitpicking, but no one really likes those condescending know-it-alls who make a habit of correcting you when you use "who" instead of "whom" and roll their eyes at dangling modifiers.

But while it might be dry, learning how to use the correct linguistic tools and conventions can also be a very empowering thing. Grammar gives you the power to say the things you want to say the way you intend to say them.

Totalling 448 pages, *The Canadian Press Stylebook* is a little impractical to carry around with you, but online sites like Grammar Girl are excellent resources for the grammatically challenged. Writer Mignon Fogarty offers brief tips and answers questions about common grammatical mistakes or confusions such as the difference between affect and effect and when to use i.e. instead of e.g.

Grammar isn't sexy or exciting, but it can help transform passive sentences into active statements and give us more control over the way we communicate with one another.



Grade school grammar lessons, remember? iStock

That's using one's head



ANITA MARIC/NEWTTEAM

Human feat

No headache for extreme balancer

This chap needs to be levelheaded to do this stunt.

British grandad John Evans balances

a 90-kilogram cement mixer on his head at a charity show near the English city of Derby.

Evans, 65, first discovered his talent in the 1960s when, as a labourer, he would stack 24 bricks on a floorboard and balance it on his head as he climbed up and down ladders. **METRO**

Q & A

'Strongest neck in the world'

The Guinness World Record holder from the town of Ilkeston, England, spoke to Metro.

How did you balance this hefty-looking thing?

First, a forklift hoists the mixer above my head. Then the lift lowers and places it on top of my head and I start walking backwards about three metres away from the forklift, while holding the plywood on top. Slowly I let go and balance it for a minimum of 10 seconds, before returning to the lift.

Have you had an accident before?

Never. Since I started this over 20 years ago, I have built up the bones and muscles in my neck. I have the strongest neck in the world — I don't think anyone else can do these extreme balancing acts.

The most difficult was balancing a Mini Cooper car, because if it were to fall I wouldn't have time to jump out of the way — the car would crush me!

So, no health scares?

Well, my neck has shrunk a bit! I weigh over 130 kilograms myself, (am) diabetic and have one eye, so it's quite remarkable that I can do this sort of thing.

Balancing act

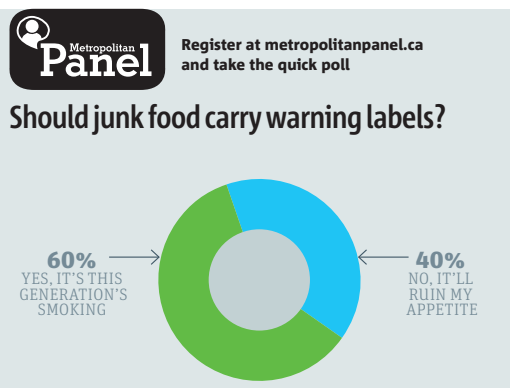
He must be headstrong

Twenty years after his first balancing act as a labourer, he started putting heavy objects on his head for entertainment.

Now, he has 33 Guinness

World Records, has travelled the world showing off his talent, and has appeared on *The Tonight Show* with Jay Leno.

"No one else in the world can do what I do," he said while holding a homemade Tardis (phone booth) on his head during his most recent stunt. **METRO**



Twitter

@anthonyfalls:

New perspective on a few cm of the white stuff in #yeg after watching the coverage of #HurricaneSandy

@1_great_guy:

Okay, let's review: by placing salt on snow does not mean that you have shoveled. It turns to a slippery slush #truth #yeg

@gamutalarm:

Wondering how I can justify a 2

hr drive to #YYC tomorrow without getting #YEG mad. Sometimes it sucks being stuck in the middle.

@bakpakit:

A few more snowfalls and then I say we organize a Tweetup and have a huge snowball fight! #yeg

@kmhobbs:

Paper gowns are cruel and inhumane. #colddoctorsoffice #yeg



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DVD review



Alfred Hitchcock: The Masterpiece Collection

Director, Alfred Hitchcock

Trying to figure out the logic behind any Alfred Hitchcock DVD boxed set can be as suspenseful as one of the master shocker's films. Alfred Hitchcock: The Masterpiece Collection isn't all that different from the similarly titled set released in 2005, except for two important things. It's now in the high-definition Blu-ray format, and it includes North by Northwest, curiously missing from the first release. These two things make this a masterpiece collection worthy of the name, even if we might lament the continuing MIA status of Notorious, Strangers on a Train and Dial M for Murder. This one does a solid job of canvassing a six-decade career that began with silence in the 1920s and continued through "the talkies" and technicolour, up to the studio system's demise in the 1970s. Three films are from the 1940s (Saboteur, Shadow of a Doubt, Rope), five from the '50s (Rear Window, The Trouble With Harry, The Man Who Knew Too Much, Vertigo, North by Northwest), five from the '60s (Psycho, The Birds, Marnie, Torn Curtain, Topaz) and two are from the '70s (Frenzy, Family Plot). Most of the man's best work is here, including Vertigo, recently voted the greatest film of all time by Sight & Sound's poll of critics.

PETER HOWELL



Jim Breuer is just one of the comedians taking part in the Just For Laughs Relationship tour. GETTY IMAGES

Breuer hits the road

Just For Laughs tour. Relationships tour has former SNL funnyman join up with a handful of other comedians for shows across Canada

MARK
BRESLIN
scene@metronews.ca

Saturday Night Live alum Jim Breuer is among the comedians touring the country this month as part of Just For Laughs' relationship-based comedy tour. The tour, which runs through Nov. 25, also features John Heffron, Debra DiGiovanni, Tom Papa and Godfrey. Metro recently had the opportunity to chat with Breuer about marriage, rock 'n' roll and who is the biggest partier on the tour.

I'm looking at your official 8-x-10 and I can see that you're sporting some serious

man cleavage. Now, is this the image of a family man with a wife and three daughters? You have a sexy, come hither kind of look in your eyes.

Yes, I kind of look a little buff — the "I think I'm still kind of cool and I want chicks to think I'm cool and hot" look. I don't think comics ever let that go. I think this was a year ago, a year and a half ago this picture was taken. I was in the best shape of my life and I think we were using the 8-x-10 for some TV or film we were trying to get.

What does your wife think of that picture? Does she approve?

My wife thinks that's a good picture. But I do have to take a new one where I'm in a suit. The other one that people used was this green corny shirt and I looked soft, I can't stand that picture. But with this one I wanted something a little more edgy, just a little "not sure what you're going to get from this guy"

Speaking of "edgy," how hard is it to reconcile your heavy metal comedy tour with your current relationship material?

Well, I usually open up with 10 minutes of being a heavy metal dad. And going to see concerts at my age, which is absolutely impossible. Now, what you just touched upon is that I did some heavy metal comedy last year as part of the Metallica thing in Germany — a couple of dates in the north east, and it confused audiences. Young people came and flipped out and lost it! Some people thought they were coming to see Jim Breuer just doing standup. So they were decked out for the night and wondering why they were there to see a rock concert. It made me realize I have to completely separate the two.

Sounds like you miss the rock n' roll stuff.

As soon as I'm done with the Canadian tour, I'm going to work for a New York show which is just a hard rock

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comedy show and we'll be on tour in 2013. We're in rock clubs and people clearly know you're not coming to sit down to watch a theatrical standup show.

You're touring on a relationship themed show with Deb DiGiovanni, Godfrey, and John Heffron. Which one of you is the wild one on the tour?

I'm married with three kids so that stuff is behind me. But I've gotta say it's Godfrey. That man is wild!

You were on SNL for four years in the late '90s. Who were your favourite co-stars on the cast?

I loved working with everyone, but if I had to pick one, I'd have to say Norm MacDonald.






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Get coiffed like Connery

Grooming. We take Metro's unkempt, wild-looking Anthony Johnston for a Bond-style makeover ... and Murdock London's master barber Alex Glover had his work cut out for him. The expert offers a snip-by-snip guide on how to get the look.

RICHARD PECKETT
scene@metronews.ca

Get the Connery Cut by Master Barber Alex Glover

The inspiration

Sean Connery à la James Bond in *Dr. No* (1962): A nice tight short back and sides inspired by the '40s and '50s, with a bit of a weight line to it.

Hair type

I looked at his hair type first of all to decide upon the best cut. Anthony has quite thick, curly hair with a tendency to stick out a bit, so I decided to go shorter than depicted in the image of Connery (pictured).

The cut

I achieved the look by using



Snip snip

a grade one blade around the very edges, without shaving too high. Above the grade one is a grade three, which is blended into the top and bottom layers. I created a soft fade to the weight line between blades one and three, with a scissor over comb.

The finish

The top of the cut is approximately two inches at the back and 2.5 to three inches at the front — I connected the varying lengths with a graduation.

Style refinement

Lastly, I dried his hair and added texture to it with Murdock's Matt Putty.

Maintain the look

The putty will hold the longer layers and parting in place. The benefit of this product is

that it's flexible. What I mean by that is if you take your jumper off or it's a windy day, you can easily reposition your hair — there's no crispiness or crunchiness. However, if you're someone with fine hair, try a matt mud because the clay's microfine particles will bulk out the layers and give your hair a thicker appearance.

Washing

In general, fine hair should be washed every day, otherwise it will become overloaded. In contrast, curly hair tends to be a lot frizzier because it's naturally drier, so you can wash it three times per week and in between add a conditioner to refresh the smell and replenish lost moisture.



Connery CONTRIBUTED



Moore CONTRIBUTED



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Faxon fears for the fate of Ben and Kate

TV show woes. New sitcom from Nat Faxon was a hit with critics, but so far viewers aren't hooked

On the new sitcom *Ben and Kate*, Nat Faxon portrays the male half of the title as an impulsive, irrepressibly happy-go-lucky sort — the kind of guy who can't even crash a wedding on time and who thinks fusing a leather recliner with a waterbed is a million-dollar idea.

In reality, Faxon — who won an Academy Award for co-writing the George Clooney dramedy *The Descendants* — is not so carefree. And he might have wanted to channel some of Ben's anxiety-free frivolity when sizing up the freshman show's early ratings.

Although the heartfelt ensemble comedy has been a hit with critics, its ratings haven't reflected that goodwill. TV By the Numbers, a website that predicts a show's odds of staying on the air, prognosticated this week that the show was a likely candidate for cancellation.

And Faxon admits he's con-

cerned about the show's small viewership.

"I got very panicky about it and had to talk to Dana Fox, the creator," the down-to-earth Faxon said during a promotional visit to Toronto this week.

"I was like: 'Are we doing OK? Do people like us?' (It was) this very neurotic need to be constantly reassured that everything is OK. So I'm dealing with it the same way (fans of the show) are.

"It's a process," he added. "There are shows that open to huge numbers and are hits right from the start, but there are also a ton of shows, great shows ... that took a long time to get going. Obviously, *Seinfeld* and *Everybody Loves Raymond* and a lot of those shows that just needed the time to be nurtured and to get people onboard with it and to watch it and then they became huge things.

"So I don't know. I pray that this is the same situation."

And even if the numbers aren't robust, there are reasons for optimism.

For one thing, there are the reviews — the Hollywood Reporter noted that the show was one of only two new comedies this season with "enormous potential" (along with *The Mindy Project*), while TV Guide

predicted that the "charmingly offbeat" show would become a "sleepier hit."

And then there's the fact that the Fox network — which airs the show on Tuesdays in the U.S., with Citytv carrying it here in Canada — has already ordered 19 episodes, giving Faxon and his crackerjack cast the chance for at least an extended audition with viewers.

Faxon stars alongside Dakota Johnson (daughter of



Nat Faxon FOX HANDOUT/THE CANADIAN PRESS

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actors Don Johnson and Melanie Griffith), whose Kate is a responsible single mother whose proclivity for careful calculation clashes with her gleefully irresponsible brother, who nevertheless moves into Kate's house to help raise her precocious five-year-old daughter (Maggie Elizabeth Jones).

On paper, Ben is the Oscar Madison to Kate's Felix Ungar, but the show quickly establishes that Kate is every bit the mess that her uninhibited brother is. And with talented supporting players including British comic actor Lucy Punch (*Bad Teacher*, *Hot Fuzz*) and newcomer Echo Kellum, the show operates without a strict straight man.

Fox, who executive pro-

duces the show, based the sibling dynamic on her relationship with her brother, a notoriously zany sort who has apparently given her plenty of material to work with over the years. Faxon has relished getting to know the man who inspired his role, even if the real Ben is a bit more restrained now that he's grown.

"He still has that infectious kind of thing going on, where you would follow him in any direction he went just because it seemed like a good idea at the time," laughed Faxon. "It may lead to horrible things and consequences that were unexpected, but there's something about him that makes you want to follow his lead."

THE CANADIAN PRESS

The Walking Dead. Why we are obsessed with post-apocalyptic scenarios

The *Walking Dead* is one of the most popular shows on TV. Its season premiere this month saw 10.1 million viewers — 15.2 million if you include the two encores that ran the same evening. What makes this show about zombies so popular?

"It really puts viewers into a moral dilemma," says Murali Balaji, assistant professor of media studies and production at Temple University in Philadelphia. "People wonder what would they do if they were in such an extreme situation."

Balaji, who teaches courses in both media theory and popular culture, points out that it's not actually the zombies who are the most dangerous enemies. "What's interesting is that the survivors view fellow survivors as suspiciously, or even more suspiciously, as the zombies themselves," he says.

"There's a line from the

A seasonal affliction?

Our attraction to zombies may be heightened during the election season — seriously. "People become consumed in their own tribes, and more and more disconnected," says Balaji.

graphic novel that the show is based on: 'It's not the dead I fear, it's the living.' That resonates with us — we all struggle with dilemmas of trust."

Zombie stories have been increasingly popular during the past 10 years, which may reflect our end-of-the-world fears. "Whether it's bio-terrorism, a disease outbreak or a nuclear accident, this is something that people could see happening," Balaji says.

JUDY WEIGHTMAN/MWN



Would you be more afraid of a zombie or fellow survivor? THE ASSOCIATED PRESS

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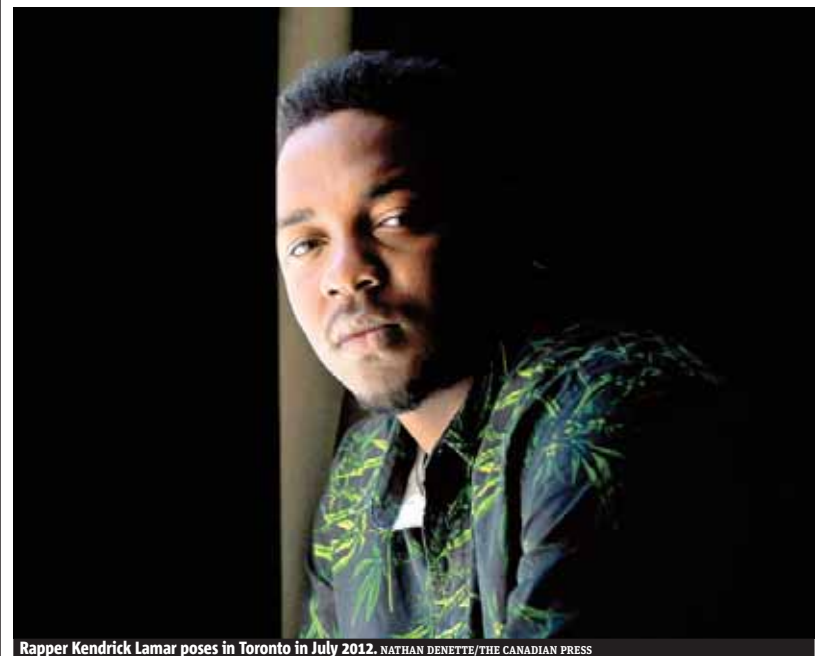
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Rapper Kendrick Lamar poses in Toronto in July 2012. NATHAN DENETTE/THE CANADIAN PRESS

Kendrick Lamar: Dr. Dre drawn to my fresh approach to gangsta rap

Compton. Lamar reflects on his upbringing in good kid, m.A.A.d city, his major label debut.

Quoted

"Every time you hear gangsta rap, everybody's the aggressor, there's really no vulnerability, and I bring that other side of the story because I've been on both ends."

Kendrick Lamar

Kendrick Lamar has been heralded as the rebirth of West Coast hip hop, an acclaimed young lyricist who's trying to learn from his rough upbringing in Compton, Calif., and maintain his artistic integrity and life balance as his fame soars.

Such qualities are what compelled one of his idols, Dr. Dre of N.W.A. and Death Row Records fame, to sign Lamar to his Aftermath Entertainment and back his newly released major label debut, good kid, m.A.A.d city.

Dre executive produced the disc in Los Angeles and appears on several tracks, including the first single, The Recipe. Other artists on the album include Jay Rock, MC Eiht, and Toronto's Drake, who recruited Lamar for his Club Paradise Tour earlier this year.

Lamar says Dre wanted to work with him after hearing his track Ignorance Is Bliss from his 2010 mixtape Overly Dedicated, "because it came from a different approach that he'd never seen in gangsta rap."

"(The song) gave him both sides of the story in Compton, the victim and the aggressor, and that's something he'd never seen," a soft-spoken Lamar said during a recent stop in Toronto.

Through heady bass beats and savvy, crisp rhymes, the much raved about good kid, m.A.A.d city reflects on those dualities of Lamar's life and career. Listeners learn of Lamar's risky relationships, his exposure to drugs and gangs in Compton, the changes happening in L.A. County, and how he and others in his life are coming to terms with his fame.

Lamar, 25, grew up in a low-income household surrounded by the violence of L.A.'s gangs and gangsta rap culture. At times, he was exposed to alcoholism, which he

writes about on the album's Swimming Pools (Drank).

"(It's) a personal song at the same time good memories of house parties that I'd been to when I was a kid and some things I'd seen in my household, period: a lot of drinking, a lot of smoking," he said.

"I just wanted to reflect on that, not in a bad way but just as a person ... remembering what household I come from and how it had an impact on my life when I became an adult."

Lamar said his dad "was a street cat but at the same time he was a proud father. I was lucky to have one of them in my life."

"What separated me from my homeboys, it was two things: The fact that I had a father, of course, to always let me know when I bump my head, this is going to happen, and the fact that I was a dreamer," noted Lamar.

"Nobody could believe that it was possible to get out of the area that we lived in, because they'd seen so many older generations still be there and be stuck and doing the same thing they doing."

"I always had that imagination, like it was something bigger than just Compton and just where we were at, and that separated me."

THE CANADIAN PRESS



Joe Simpson ALL PHOTOS GETTY IMAGES

Gossip on the green: Joe playing with someone his own age?

The reports dogging Joe Simpson that he's recently come out of the closet to his family and has been carrying on an affair with a 21-year-old man appear to be effecting his golf game. According to Radar Online, Simpson didn't play with his usual partner at his weekly outing. "Everyone noticed that after reports surfaced that Joe was gay, he didn't play with his regular young, good-looking friend this past Saturday, but played with someone much, much older."

Fairway friends

Everyone noticed ... he didn't play with his regular young, good-looking friend this past Saturday, but played with someone much, much older.

A source speaking to Radar Online

golfing buddy is extremely good looking and Joe is very, very secretive about his identity. Joe never writes the guest's name on the sign-in sheet and never allows any other members to join in while they play golf, which is very, very odd."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Kunis ain't carrying Kutcher's bundle of joy, but maybe soon?

Mila Kunis' rep insists that the actress is not pregnant with boyfriend Ashton Kutcher's child despite photos from a recent out-

ing that appear to show the actress sporting a growing baby bump, according to the Daily Mail. "She is not expecting," her rep tells the newspaper. But that doesn't mean motherhood is out of the question for the Friends with Benefits star, who expressed her desire to be a parent earlier this year in an interview with Glamour. "I do want a family. I'd rather be in love and have a baby than a movie," she said.



Justin Bieber

Biebs likes his body art: More tats for popstar teen

Justin Bieber has added yet another tattoo to his growing collection of body art. The pop star posted a photo to Instagram over the weekend showing off an owl inked on his forearm. It's the

second tattoo the singer has added in less than two months, following a crown tattooed on his chest last month. The 18-year-old got his first tattoo — a bird silhouette on his hip — when he was 16.

Twitter



@EllenBarkin

Just a random question...do you think anyone has fallen in love over twitter? I mean aside from me, several times.



@JonahHill

I think I'm gonna be "Slutty Mitt Romney" for Halloween.



@kirstiealley

Note to women over 50 who are losing weight... don't get too damn skinny or you'll look like a spider monkey.. pleasantly lean is better...)



@ConanOBrien

The best perk of being a celebrity? I'm allowed to use 141 characters in my tweets. No, I don't feel like proving it.

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Keeping your little ghosts and goblins safe this Halloween

Trick-or-treat. New apps allow you to keep tabs on your kids without looking over their shoulder as they gather goodies

DOROTHY ROBINSON
Metro World News

You'd never let your child go to a stranger's house unattended any other time of year, so why should Halloween be any different?

Nancy A. McBride, the national safety director for the Center for Missing & Exploited Children in the U.S., says children should be accompanied by a parent or trusted adult and walked to the door by the parent to receive treats.

"Know the neighbourhood in which you plan to trick-or-treat. Pick houses that you feel comfortable letting your child visit. Do not visit homes that are isolated or poorly lit," she says.

Make sure your child is able to see and move easily in his or her costume.

"Consider having your child carry a flashlight so that they can see more easily and are easily seen," she notes.

And even if your child is old enough to go out without your supervision, always make sure he or she is in a group.

If you're still nervous, there are several tracking apps that can provide an extra layer of security to keep track of your children via cellphone without being intrusive. The Snap Secure



Pick houses your kids feel safe going to trick-or-treat. ISTOCK PHOTOS

Stay safe

Not only do you have to get your kid a costume, but you also have to make sure it won't hurt them. Here is some advice from the ACEP, a national medical specialty society in the U.S. representing emergency medicine. The society wants to make sure your kid stays out of the emergency room this Halloween.

- **Costumes.** Avoid costumes that could cause children to trip, such as baggy pants, long hems, high heels and oversized shoes. Also, make sure they don't obstruct the child's sight or vision and they are made out of flame-resistant materials, such as nylon or polyester.
- **Visible.** Add reflective tape to costumes so your child is more visible to motor vehicles, and avoid dark colours. Check accessories such as swords, knives, wands and other pointed objects. Make sure they are made from flexible materials and have dulled edges on all sides.

More tips

Additional safety tips for Halloween

- **Tip No.1.** Be sure children do not approach any vehicle, occupied or not, and make sure they get away quickly if someone gets out of a vehicle and starts to approach them.
- **Tip No.2.** Children should never enter a home without their parent's permission.
- **Tip No.3.** Teach your child to say, "No!" or "This is not my mother/father!" in a very loud voice if someone tries to get him or her to go somewhere.

Geo-fence for Android sets a virtual boundary.

"If they stray from that perimeter, or don't return to a specified location within a certain period of time, it automatically sends you an email alert," says Jiren Parikh, CEO of Snap MyLife, the developer of the app.

Their other app is the Snap Secure Family Locator.

"(It) lets you check in on their exact location at any time, in real-time, by using your own mobile device or web dashboard," he notes.

Finally, keep in mind there are different ways to celebrate the holiday that don't involve going to strangers' houses.

"I'm a big fan of organizing a home or community party as an alternative to trick-or-treating," says McBride.

Your mother's health myths debunked

Research. Answering how to avoid catching colds and if the five second rule is actually a good standard

LINDA CLARKE
Metro World News

It's not like we'd ever want to argue with our grandmas or moms — but, really, does going outside with wet hair really give you a cold? Dr. Josh Kosowsky, who co-authored *When Doctors Don't Listen*, did some research and came up with answers for us.

Going outside with a wet head gives you a cold

"I want to believe this because experientially it feels like it's true. But it turns out it's not. Short periods of being outside with wet hair or scalp won't give you a cold."

Indoor tanning boosts your vitamin D

"Exposure to sunlight does promote vitamin D, but is ultraviolet light in a tanning bed the same thing? The risk of skin cancer from using them makes it a bad idea."

Eating carrots improves your vision and turns your skin orange

"Both of these are true. That doesn't mean eating a bushel

of carrots every day gives you X-ray vision and you'd need to eat ridiculous amounts to turn orange. But carrots do contain beta-carotene, which the body turns into vitamin A, which is necessary for healthy vision."

Standing by a microwave gives you cancer:

"This one has been pretty much debunked. The likelihood of radiation leaking from a microwave oven is trivial."

Cracking your knuckles gives you arthritis

"I tell my kids this all the time simply because it's really annoying! But there's no known correlation."



Carrots are proven to improve your vision. ISTOCK PHOTOS

Food dropped on the floor is OK to eat before five seconds pass

"You don't need to be a doctor to work that out. There's

nothing legitimate about it. But much of what we eat is contaminated by bacteria. Our hands have bacteria. Our stomach acid kills most bacteria."

Best Health

Pairing some dynamic food duos



BEST HEALTH MINUTE
Bonnie Munday
Editor-in-chief
Best Health Magazine

In the November issue of Best Health, on newsstands now, we've included another installment of our popular article about foods that are even healthier when eaten together.

Pasta and Red Wine Vinegar

Make a pasta salad with vinaigrette dressing and bring it to work for lunch. The acetic acid in vinegar reduces the spike in blood sugar that comes after eating carbs like pasta. Having steadier blood sugar reduces hunger pangs by helping you feel full, and it minimizes your risk of developing type 2 diabetes.

Tofu and Leeks

Make a vegetarian chili with tofu or tempeh, and lots of vegetables including leeks. Leeks, onions and garlic contain the prebiotic inulin,



Pair tofu and leeks. ISTOCK PHOTOS

and this combines with soy protein to reduce LDL (bad) cholesterol while raising HDL (good) cholesterol. This reduces the risk of clogged arteries and heart disease.

Chicken and Grapefruit

Make grilled chicken with a zesty grapefruit salsa. Chicken is a good dietary source of coenzyme Q10, which is vital for giving us energy (and it may help control blood pressure in people with hypertension). Grapefruit allows much better absorption of Q10.

To get the recipes for pasta salad, vegetarian chili and grapefruit salsa, see the latest issue of Best Health, on sale now.

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Obesity linked to infertility



Keeping your weight under control will help ease other health concerns, like infertility. ISTOCK PHOTOS

Men's health. Overweight males produce less testosterone, which can affect sperm count and lead to erectile dysfunction

CELIA MILNE
life@metronews.ca

Obesity may be hurting you below the belt, guys.

If you and your mate are having trouble getting pregnant, the problem could be your weight.

"Obesity in men is associated with infertility," report physicians in Utah.

As obesity rates rise around the world, so does the prevalence of male infertility.

Obese men produce less testosterone, and also produce more of an enzyme in

fat tissue called aromatase, which breaks down testosterone.

"The low testosterone can affect the sperm production and can result in erectile dysfunction. Both can result in reduced fertility in severely obese men," says Dr. Ahmad Hammoud, a physician in the division of reproductive endocrinology and infertility at University of Utah in Salt Lake City.

He has found in studies that even overweight men can have lower fertility and that, by and large, the higher a man's BMI, the lower his sperm count.

In Canada, 24.3 per cent of men are obese, and the rate has been rising steadily, according to Statistics Canada.

When couples can't get pregnant, about 25 per cent to 30 per cent of cases are attributed to male factor infertility and another 30 per cent are attributed to both male and female factors, reports Dr. Hammoud in his new paper in Seminars in Reproductive Medicine.

Weight loss through eating properly and exercising regularly is seen as one possible solution.

Quote

"The low testosterone can affect the sperm production."

Dr. Ahmad Hammoud
University of Utah in Salt Lake City.

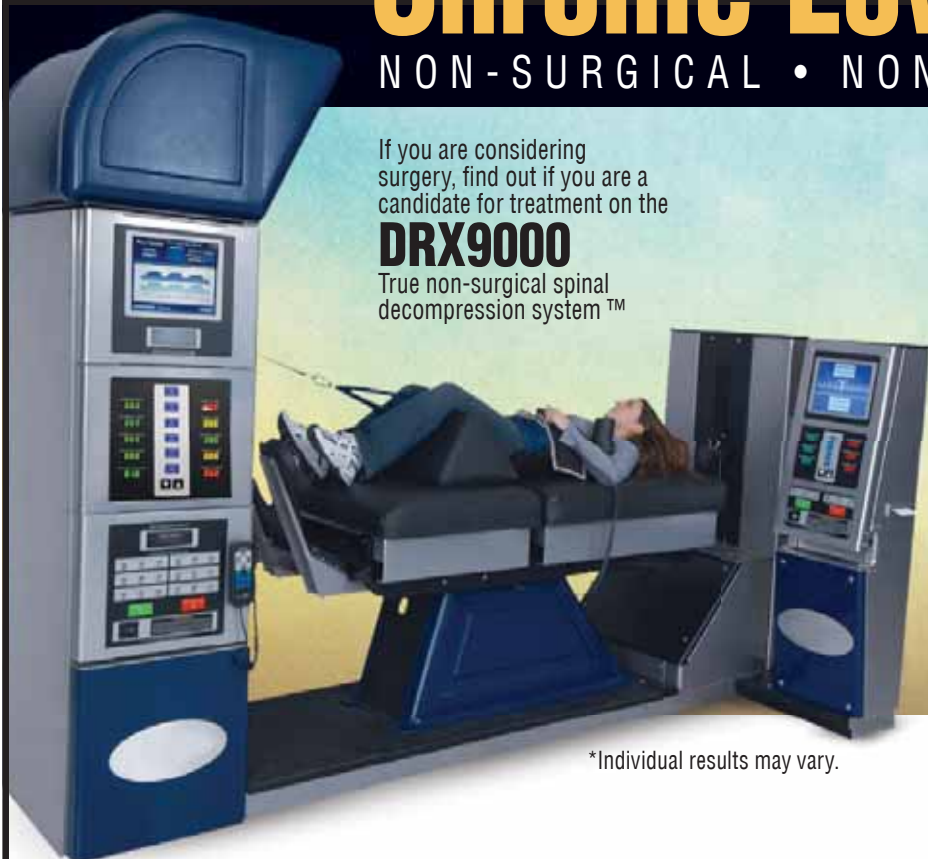
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Tender chicken mingles with rice noodles & sesame sauce



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This stir-fry is outstanding with rice noodles, but it's also good over rice, couscous or linguini.

Chicken thighs are more tender and flavourful than the breast, but you can use either. Dipping the chicken in the soy and cornstarch mixture keeps it very moist.

1. For the chicken, place the diced chicken, soy sauce and cornstarch in a bowl; stir until well combined. Add oil to a non-stick wok and place over medium heat. Sauté the chicken for 4 minutes, until almost cooked. Remove from the pan and set aside. Wipe out the pan.

2. For the sauce, combine the stock, vinegar, soy sauce, sugar, molasses, cornstarch, sesame oil and chili paste in a small bowl; stir until well combined.

3. Cook the noodles in boiling water for 2 minutes or just until tender. Drain and set aside.

Ingredients

Chicken

- 1 lb boneless, skinless chicken thighs, diced
- 1 tbsp low-sodium soy sauce
- 1 tbsp cornstarch
- 2 tsp vegetable oil

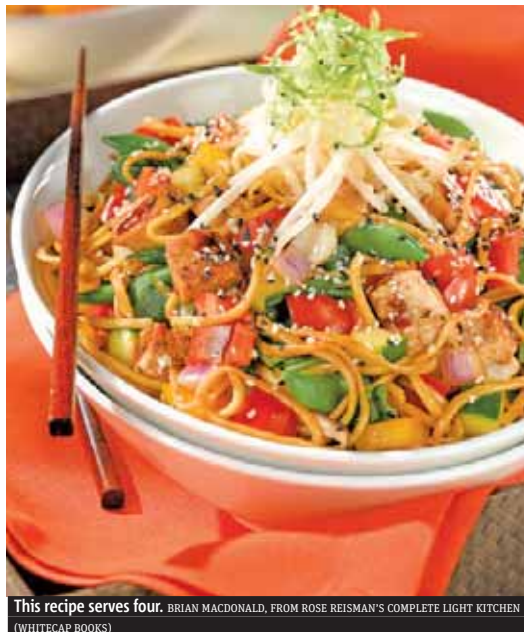
Sauce

- 1/2 cup chicken stock
- 2 tbsp rice vinegar
- 3 tbsp low-sodium soy sauce
- 2 tbsp brown sugar
- 2 tbsp molasses
- 1 tbsp cornstarch
- 2 tsp sesame oil
- 1 tsp hot chili paste

Base

- 6 oz medium rice noodles
- 1 1/2 cups thinly sliced red bell pepper
- 1 1/2 cups thinly sliced snow or sugar snap peas
- 1/3 cup chopped cilantro
- 2 tsp sesame seeds, toasted
- fresh bean sprouts

4. Respray the wok with cooking oil and place over medium heat. When hot, add the bell peppers and peas. Sauté for 2 minutes, then stir in the sauce and chicken. Cook, stirring, for about 1 minute, until the sauce



This recipe serves four. BRIAN MACDONALD, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

has thickened. Add the rice noodles and heat thoroughly, about 2 minutes. Serve on a large platter garnished with

cilantro or parsley and sesame seeds. Scatter bean sprouts over top. ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

Health Solutions

Protein punch



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

Are you getting enough protein? On average, adult women need about 46 grams and men need about 56 grams. (This average changes with your age, gender, size and activity level or nursing and pregnancy status.)

More isn't always better since your body can only make use of the exact amount it needs, and any extra can put a strain on your kidneys.

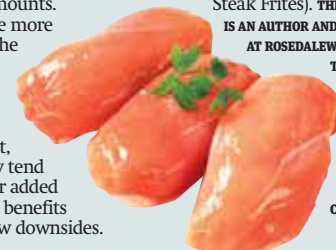
North Americans tend to get enough, so the burning question is: Do we get enough of the right source?

Here are protein sources and amounts. Choose more from the leaner end at the top of this list, as they tend to offer added health benefits and few downsides.

- 5 oz/30 g fish (mostly good fats)
- 1/2 cup/7 g beans (great for fibre)
- 1/2 cup/8.5 g edamame (soy beans)
- 2 tbsp/4 g almond butter (good fats and fibre)
- 3 oz/6 g extra firm tofu
- 2 oz/14 g cheddar cheese (but it contains 220 calories and 18 g fat)
- 5 oz/40-60 g of meat, chicken or pork (watch for saturated fat and cholesterol)

Most experts agree that it is better to vary the source and spread the yummy throughout the day rather than obtaining a big meaty wallop all in one go. (Sorry, Steak Frites).

IS AN AUTHOR AND NUTRITIONIST AT ROSEDALEWELLNESS.COM IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MY-FRIENDINFOOD.COM



Chicken fajitas. Have guests assemble their own

1. In a large frying pan, heat 10 ml (2 tsp) of the oil over medium-high heat; cook onion, peppers and corn, stirring occasionally, for 3 minutes or until almost tender. Stir in garlic, salt and pepper; cook for 1 minute longer. Stir in vinegar. Transfer to a large serving bowl; cover to keep warm.

2. Wipe frying pan clean with

paper towel. Heat remaining 5 ml (1 tsp) oil over medium heat; add chicken strips and cook for 1 minute, stirring, until hot. Sprinkle with lime juice. Transfer to a small serving bowl.

3. Place cheese in a bowl. Arrange tortillas on a platter. Let family members make their own fajitas. **THE CANADIAN PRESS/PRESIDENT'S CHOICE**

Ingredients

- 15 ml (1 tbsp) vegetable oil
- 1 each small onions, sweet red and yellow pepper, sliced
- 1 ear corn, husked, kernels removed, or 125 ml (1/2 cup) canned kernel corn
- 1 clove garlic, minced
- 1 ml (1/4 tsp) each salt and ground black pepper
- 15 ml (1 tbsp) red wine vinegar
- 500 g (1 lb) chicken strips
- 15 ml (1 tbsp) fresh lime juice
- 340 g (3/4 lb) Tex-Mex shredded cheese
- 1 pkg (390 g) tortillas



RIVER CITY ROUND UP

NOV. 2-11 | RIVERCITYROUNDUP.COM

Ticking time bomb

How late is too late for dinner?

Charles, when a house guest (who has had the same amount of time as all the other ladies and her own private bathroom) just takes endless time to dress and come downstairs for dinner (9:15 p.m. for an 8 p.m. dinner), just how long is dinner to be held up? Her husband and other guests were fuming and I am wondering if I should have just "rung dat bell" and

announced dinner. How long should one guest be allowed to hold up the rest of the guests?



CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

It is rude for any guest to hold up an evening and there is a difference between being fashionably late and just plain rude. In this case the guest was rude. As the host, I would have personally gone upstairs or sent her husband and said that

I was unable to hold dinner past 8:30 p.m., and if she was unable to join us downstairs, then we would miss her, but look forward to her joining us when she was able. There is no excuse that I can see to hold up the remaining guests who were all on time. Once the late guest joined the dinner party, I would have then served her main course, but forgone the appetizer to speed things up.

On a lighter note I'm proud to announce that The Charles MacPherson Academy was awarded the prestigious Educator of the Year Award!



Other guests left waiting to eat are likely to be livid. ISTOCK

Sweet Movember – A charity booster and the reason I met my husband

More than just silly lip hair. Moustache month raises millions worldwide for men's health, but it also introduced me to the love of my life

KRISTEN THOMPSON
kristen.thompson@metronews.ca

This time every year, I cringe as my husband waffles between growing friendly muttonchops or a pushbroom for Movember. But I have to remind myself that growing a prickly 'stache is saving and changing lives. And in my case, bringing people together.

In 2007, I hadn't even heard of the Movember campaign — which raises money and awareness for men's health — and I was tasked with writing a story about this quirky fundraiser's first official year in Canada.



Kristen Thompson and husband Dylan showing off their 'staches on their wedding day. JENNIFER MOHER PHOTOGRAPHY

A colleague happened to have a friend taking part in Movember, so he passed along his name and contact and I called him up.

That brief interview sparked a friendship that turned into a romance that, four years and four Movembers later, led us down

the aisle.

We didn't forget the importance of Movember at our wedding this year, writing a "how we met" story in our wedding program that begins: "It all started with a hairy upper lip."

Wedding guests were also given moustaches on sticks for photo hilarity.

Quote

"It all started with a hairy upper lip."

Since we met, Movember has grown into an international movement that's had nearly

two million participants in dozens of countries around the world.

Last year alone, Mo Bros and Mo Sistas raised \$125.7 million for the cause, and helped bring greater awareness to male participants about the health risks they face.

I admit it, I could do with-

The facts

Movember started in Melbourne, Australia in 2003 with 30 participants.

North American launch. The campaign officially got going in Canada, the U.S. and the U.K. in 2007.

What it has become. In 2011, more than 854,000 people in 14 countries took part in the campaign, where it officially obtained charity status in Canada. Last year alone it raised \$125 million and helped bring awareness about men's health risks

out a month of bristly kisses. I prefer seeing the Tom Selleck ON Tom Selleck. But really, it's worth it when I think about the fact that I only have to live through a month with his moustache, but get a lifetime with Dylan.

Time for parents of gay kids to come around

New Book. Coming Around offers advice to parents struggling to come to terms with the fact their child is LGBTQ

JULIA FURLAN
Metro World News in Philadelphia

Fighting for the rights of LGBTQ has included kiss-ins, parades, protests, marches and a wide array of fiery and bitter polemics from all

sides of the political spectrum. But the public battles often begin with a quieter challenge — the first time an LGBTQ person comes out to his or her parents.

Coming Around: Parenting Lesbian, Gay, Bisexual and Transgender Kids, a new book by Dr. Anne Dohrenwend, seeks to make that first conversation — and the subsequent ones — as relaxed and positive as possible.

"I want to give people a place to start," Dohrenwend says of her book, which is written for liberal and conservative parents alike.

Quoted

"Kids are more resilient when they feel their parents accept them."

Dr. Anne Dohrenwend
On why parents should take their child as they are after they come out.

"Often people do come around. After accepting and learning and loving your child who is gay, it breaks down the stereotypes."

For Steve Scott, there was a long pause at the other end of the line 11 years ago when he called to tell his re-

ligious parents that he was gay. Now, Scott is a member of the Gay Men's Chorus of Los Angeles and an active participant in the push for gay rights in California.

For Scott, the conversation that began with telling his parents he was gay continues with the fight for marriage equality.

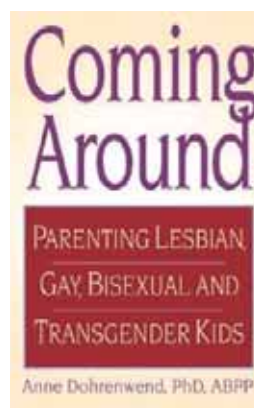
Last week, Scott sent off a package with books and pamphlets for his father in Nebraska after the two engaged in a heated debate.

"It's kind of an ongoing conversation. Even now we're still discussing issues," Scott says.

"I realize and understand it's very tough for him. It's something he's actively trying to comprehend and register."

According to Dohrenwend, Scott and his father are doing the most important thing — communicating. This is vital between parents and their LGBTQ child of any age, at all stages of the coming-out process.

"Kids are more resilient when they feel their parents accept them," says Dohrenwend, who notes that this acceptance is particularly important when they come out earlier in life.



Don't let your teen get caught in a stock market downdraft

Alison on Money. It's RESP reorganization time



YOUR MONEY
Alison Griffiths
money@metronews.ca

If you have a teen with an RESP and a post-secondary goal, the last thing you want is for tuition time to arrive just as the college account sinks by 30 or 40 per cent.

That's exactly what happened to many parents in 2008 and 2009 when the financial crisis hit and equity-heavy RESPs were slammed.

With tremendous uncertainty in world markets and many RESP portfolios performing poorly, there's never been a better time to re-organize those post-secondary savings.

The basic rule is this: Once a child reaches 13, all new RESP contributions should be put into cash investments — basically high interest savings or short-term GICs. Forget money market mutual funds as fees eat up any return.

Next, start selling 10 to 20 per cent of existing stock market investments — usually equity mutual funds or

In numbers

7

In the past 25 years there have been seven significant stock market declines and many smaller ones.

exchange-traded funds (ETFs). Do this annually or, if your trading fees are low — \$6.95 to \$9.95 — you can sell investments three or four times a year to reach that 10 to 20 per cent.

If the RESP is at a discount brokerage, there may be no trading fee to sell units of the bank's own mutual funds, but there may be for funds offered by other providers. Also, if you have been convinced to buy mutual funds with deferred sales charges (DSC), then there may be sales commissions to pay on units sold within six years of purchase.

Heads up for parents of younger children! Don't buy mutual funds with DSC fees attached. There are plenty of no-load funds out there that won't cost you anything to sell beyond, possibly, a trading fee.

If you follow my plan, by the time your teen is ready to head off to post-secondary studies, most of the investments will be in cash. Yes, you might miss out on a big stock



With many RESP portfolios performing poorly, now is a good time to re-organize post-secondary savings. ISTOCK IMAGES

market run-up. However, it is far better to forfeit some gains than to be forced to rely on a line of credit to pay tuition because the RESP portfolio, still

loaded up with equities, is in the tank.

Contact Alison at griffiths.alison@gmail.com or oralisongriffiths.ca

What happened to your nest-egg goal?



FUN AND FRUGAL
Lesley Scorgie
money@metronews.ca

Are you looking back at your 2012 financial goals with a guilt-ridden pain in your stomach? Don't fret. If you want to end 2012 with a plan to really kick-start your net worth growth, read on.

To grow your bottom line, you must reduce debt and build assets.

Step 1

Know where you stand financially so that you can create a plan to grow your bottom line. When you get home to-night, download your favourite net worth tracking tool to determine what you own and owe. All major banks have free online calculators, but if you want to build your own, simply total up your assets and subtract your liabilities.

If you get lost, go through your stack of mail and pull out all your financial statements.

Step 2

This week, set a realistic net worth goal for the remainder of 2012, 2013 and 2014.

For example, if your current bottom line is negative \$1,000, grow it to \$500 by year-end, and aim to have \$10,000 by 2014.

Step 3

If you don't start tracking your money, you'll lose it, so develop a budget this week.

According to author Dr. Thomas Stanley, the majority of self-made multi-millionaires keep meticulous budgets, even though they're rolling in dough. A terrific budgeting website is Mint.com, though you can download other free budgeting tools from any major bank.

Step 4

Next week, review your budget and look for ways to cut back unnecessary expenses. Think about your food and shopping habits and pay attention to the small expenses as they can add up to be quite substantial.

Step 5

Going forward. Before you spend your money on payday, prioritize saving and debt reduction through automatic payments. Sign up for your company's retirement savings plan.

Employers will often contribute free money. If your company doesn't have one, or even if they do and you want to save outside of their plan, sign up for an RRSP and TFSA.

Aim to tuck away 10 to 15 per cent of your salary. If that's too steep, start with less and grow your contributions every six months.

Crush your debt quickly by negotiating the lowest rates with your lenders. Then pay a little extra each month. Even \$5 can make a difference.

Step 6

Before Dec. 31, 2012, meet with a qualified financial advisor and develop a plan to achieve your goals.

While building your bottom line, don't put yourself on a financial starvation diet.

You still need to enjoy life and all of its experiences, which often cost money. Take a balanced approach.



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*Based on \$12,200 fixed rate loan at 8% per annum with a 26 month amortization. Savings example is calculated by consolidating credit card balances of \$3200 @ 19% per annum with monthly payment of \$150/month, and \$1000 @ 25% per annum with monthly payment of \$100 and loan of \$8000 with 3 year term @ 9% per annum with monthly payment of \$265/month. The interest rate is subject to change at any time without notice. The rate is used for illustrative purposes. Personal Lending products and residential mortgages are offered by Royal Bank of Canada and are subject to its standard lending criteria. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

NFL

Smith and 49ers crush Cardinals

On an almost perfect Monday night for Alex Smith, the San Francisco 49ers flexed their NFC West dominance with a 24-3 flattening of the Arizona Cardinals.

Smith completed 18 of 19 passes for 232 yards and three touchdowns two to Michael Crabtree and one to Randy Moss, as San Francisco (6-2) opened a two-game lead in the division and sent Arizona (4-4) to its fourth straight loss.

THE ASSOCIATED PRESS

NHL

Winter Classic expected to be axed by Friday

The Winter Classic is next on the chopping block.

Barring unexpected progress in the NHL's labour talks this week, the league's signature Jan. 1 event will follow the 326 regular-season games already wiped from the schedule. The formal cancellation is expected to be made by Friday, according to a source, just ahead of a deadline built into the NHL's contract with the University of Michigan.

This season's Winter Classic between the Toronto Maple Leafs and Detroit Red Wings was billed as the biggest in the event's six-year history. Organizers were expecting a crowd that would eclipse the world record of 104,173 who attended the "Big Chill" NCAA game at the University of Michigan in 2010.

Brian Cooper, the president and CEO of S&E Sponsorship Group, which represents a number of corporate clients who do business with the NHL, estimated this season's event was poised to generate about \$3 million in corporate sponsorships, not to mention revenue lost from ticket and merchandise sales that are unmatched on any other single day during the NHL season. THE CANADIAN PRESS

MLB



"We had a great run. We just got cold at the wrong time."

Detroit relief pitcher Phil Coke on Monday after his Tigers were swept out of the World Series by the San Francisco Giants, who won 4-3 in the 10th inning on Sunday night.



Edmonton Eskimos slotback Fred Stamps breaks free of the Calgary Stampeder's Keenan MacDougall, left, during CFL action in Calgary on Sept. 28. The rivals square off on Friday. JEFF MCINTOSH/THE CANADIAN PRESS FILE

Jockeying for playoff position

CFL. Eskimos may need win over Stampede to see post-season action

It looks like the Hamilton Tiger-Cats will need all nine of their lives to make the CFL playoffs.

Despite owning a 6-11 record the Ticats remain in playoff contention in the East Division, but barely. Hamilton must beat the Argonauts in Toronto on Thursday, then have the Calgary Stampede defeat the Edmonton Eskimos on Friday to make the CFL post-season for the fourth straight year.

But either a loss to Toronto or an Edmonton victory will squash Hamilton's post-season aspirations.

The Ticats did their part with a 28-18 home win over Winnipeg on Saturday. They then got a huge helping hand from the Montreal Alouettes, who beat Edmonton 27-25 on Sunday.

The Eskimos could've clinched a playoff spot with a win and thus eliminated Hamilton from post-season con-

sideration. The Ticats ended Winnipeg's playoff hopes with their victory.

Toronto became the latest CFL team to punch its playoff ticket, clinching second in the East Division with a 31-26 road win over the Saskatchewan Roughriders on Saturday night. The Argos will host the conference semifinal Nov. 11 — their first home playoff date since '07 — but won't know who they'll face until this weekend.

Saskatchewan can secure third in the West with either an Edmonton loss or a season-

ending victory over B.C. on Saturday night. The good news for the Riders is the Lions have already cemented top spot in the conference, but the defending Grey Cup champions lost a lopsided 41-21 decision to Calgary on Friday night and undoubtedly want to head into the playoffs on a more positive note.

Should Saskatchewan and Edmonton finish tied, the Eskimos would get third in the West after winning the season series 2-1. The Riders would then assume third in the East and travel to Toronto to open

the playoffs.

There's a sense of irony that quarterback Kevin Glenn could have a hand in Hamilton's playoff bid. The 33-year-old Detroit native spent three seasons with the Ticats before going to Calgary in the deal that brought Henry Burris to Steeltown last off-season.

Glenn led Calgary (11-6) to 10 of its wins and second in the West after assuming the starter's job when Drew Tate suffered a shoulder injury in July. Tate has fully recovered and Stampede's coach John Hufnagel wants both quarterbacks to play against Edmonton before deciding upon a playoff starter.

Calgary running back Jon Cornish will have a shot at making CFL history in that game. The native of New Westminster, B.C., leads the league in rushing with 1,388 and only needs 50 yards to become the league's top-rushing Canadian in a single season.

Norm Kwong currently holds the mark of 1,437 yards. If Cornish finishes the season as the CFL's top rusher, he'll be the first Canadian to do so since Ottawa's Orville Lee in 1988. THE CANADIAN PRESS

Questionable for Thursday

Ray may not play

Toronto also faces a decision regarding its starter, veteran Ricky Ray. The 33-year-old quarterback has guided the Argos to consecutive victories since returning from a knee injury.

Ray has thrown four TD passes in each victory. The former Edmonton Eskimos

pivot has also surpassed the 4,000-yard passing plateau for the seventh time in his 10 CFL seasons and sports a career-best 68.6 per cent completion average.

The Argos were 1-2 with backup Jarious Jackson when Ray was hurt. They could either limit Ray's playing time against Hamilton or hold him out altogether to ensure he is healthy and fresh for the playoffs.

SOCCKER
MLS

EASTERN CONFERENCE									
	GP	W	L	T	GF	GA	Pt		
y-Kansas City	34	18	7	9	42	27	63		
x-D.C. United	34	17	7	9	53	43	58		
x-New York	34	16	9	9	57	46	57		
x-Chicago	34	17	11	6	46	41	57		
x-Houston	34	14	9	11	48	41	53		
Columbus	34	15	12	7	44	44	52		
Montreal	34	12	16	6	45	51	42		
Philadelphia	34	10	18	6	37	45	36		
New England	34	9	17	8	39	44	35		
Toronto	34	5	21	8	36	62	23		
WESTERN CONFERENCE									
	GP	W	L	T	GF	GA	Pt		
y-San Jose	34	19	6	9	72	43	66		
x-Real Salt Lake	34	17	11	6	46	35	57		
x-Seattle	34	15	8	11	51	33	56		
x-Los Angeles	34	16	12	6	59	47	54		
x-Vancouver	34	11	13	10	35	41	43		
Dallas	34	9	13	12	42	47	39		
Colorado	34	11	19	4	44	50	37		
Portland	34	8	16	10	34	56	34		
Chivas USA	34	7	18	9	24	58	30		
x — Clinched playoff berth.									
y — Clinched conference.									
Note: Three points for a win, one for a tie.									
Sunday's results									
Columbus 2 Toronto 1									
Chivas USA 2 Dallas 2									
Los Angeles 1 Seattle 0									
END OF MLS REGULAR SEASON									

TENNIS

ATP

BNP PARIBAS MASTERS

At Paris, France	
Singles — First Round	
Carlos Berlocq, Argentina, def. Denis Istomin, Uzbekistan, 7-6 (7-2), 6-2.	
Jerzy Janowicz, Poland, def. Philipp Kohlschreiber, Germany, 7-6 (7-5), 6-4.	
Albert Ramos, Spain, def. Feliciano Lopez, Spain, 7-6 (7-5), 6-4.	
Julien Benneteau, France, def. Viktor Troicki, Serbia, 6-4, 7-5.	
Alejandro Falla, Colombia, def. Florian Mayer, Germany, 7-6 (7-3), 6-2.	
Gilles Simon, France, def. Marcos Baghdatis, Cyprus, 7-5, 6-1.	
Benoit Paire, France, def. Pablo Andujar, Spain, 6-3, 6-4.	
Andreas Seppi, Italy, def. Martin Klizan, Slovakia, 6-2, 2-6, 7-6 (7-5).	
Marcel Granollers, Spain, def. Mikhail Youzhny, Russia, 6-4, 6-3.	
Kevin Anderson, South Africa, def. Thomaz Bellucci, Brazil, 6-2, 6-1.	

TOUR MONEY LEADERS

(all figures in U.S. dollars)	
Through October 29	
1. Novak Djokovic	\$8,172,445
2. Roger Federer	\$6,624,842

NBA

Tuesday's games — All Times Eastern	
Washington at Cleveland, 7 p.m.	
Boston at Miami, 8 p.m.	
Dallas at L.A. Lakers, 10:30 p.m.	
Wednesday's games	
Denver at Philadelphia, 7 p.m.	
Indiana at Toronto, 7 p.m.	

CFL

WEEK 18

EAST DIVISION									
	GP	W	L	T	PF	PA	Pt		
y-Montreal	17	11	6	0	467	470	24		
x-Toronto	17	8	9	0	402	451	16		
Hamilton	17	6	11	0	498	533	12		
Winnipeg	17	5	12	0	357	520	10		
WEST DIVISION									
	GP	W	L	T	PF	PA	Pt		
y-B.C.	17	12	5	0	462	348	24		
x-Calgary	17	11	6	0	505	403	22		
x-Saskatchewan	17	8	9	0	451	392	16		
Edmonton	17	7	10	0	395	420	14		
x — Clinched playoff berth.									
y — Clinched division.									
Sunday's result									
Montreal 27 Edmonton 25									
Saturday's results									
Hamilton 28 Winnipeg 18									
Toronto 31 Saskatchewan 26									
Friday's result									
Calgary 41 B.C. 21									
WEEK 19									
Thursday, Nov. 1 — All Times Eastern									
Hamilton at Toronto, 7:30 p.m.									
Friday, Nov. 2									
Calgary at Edmonton, 9 p.m.									
Saturday, Nov. 3									
Montreal at Winnipeg, 3 p.m.									
Saskatchewan at B.C., 10 p.m.									
END OF CFL REGULAR SEASON									

3. Rafael Nadal	\$4,997,448
4. Andy Murray	\$4,693,850
5. David Ferrer	\$3,031,706
6. Juan Martin del Potro	\$2,344,623
7. Tomas Berdych	\$2,256,209
8. Jo-Wilfried Tsonga	\$1,960,882
9. Janko Tipsarevic	\$1,625,979
10. Richard Gasquet	\$1,336,384
Also:	
16. Milos Raonic	\$1,151,015

WTA

TOUR MONEY LEADERS

(all figures in U.S. dollars)	
Through October 29	
1. Victoria Azarenka	\$7,323,920
2. Serena Williams	\$7,045,975
3. Maria Sharapova	\$6,308,296
4. Agnieszka Radwanska	\$3,851,542
5. Sara Errani	\$3,157,511
6. Petra Kvitova	\$2,132,875
7. Angelique Kerber	\$1,972,362
8. Na Li	\$1,880,646
9. Roberta Vinci	\$1,729,166
10. Nadia Petrova	\$1,687,493

Houston at Detroit, 7:30 p.m.	
Sacramento at Chicago, 8 p.m.	
San Antonio at New Orleans, 8 p.m.	
Dallas at Utah, 9 p.m.	
Golden State at Phoenix, 10 p.m.	
L.A. Lakers at Portland, 10:30 p.m.	
Memphis at L.A. Clippers, 10:30 p.m.	

AHL

EASTERN CONFERENCE

ATLANTIC DIVISION									
	GP	W	L	OTL	SOL	GF	GA	Pt	
Manchester	6	5	1	0	0	23	11	10	
St. John's	8	4	4	0	0	21	26	8	
Portland	7	3	3	1	0	31	29	7	
Worcester	7	2	4	0	1	20	27	5	
Providence	6	2	4	0	0	13	20	4	
NORTHEAST DIVISION									
	GP	W	L	OTL	SOL	GF	GA	Pt	
Springfield	7	5	1	0	1	21	12	11	
Bridgeport	6	4	2	0	0	19	20	8	
Connecticut	7	3	3	1	0	27	26	7	
Adirondack	7	3	4	0	0	18	26	6	
Albany	6	2	4	0	0	14	14	4	
EAST DIVISION									
	GP	W	L	OTL	SOL	GF	GA	Pt	
Norfolk	6	5	1	0	0	23	15	10	
Syracuse	7	4	1	1	1	25	25	10	
Binghamton	7	3	3	1	0	16	20	7	
Hershey	7	3	3	1	0	21	21	7	
W-B/Scranton	7	2	5	0	0	17	20	4	

Wednesday's game — All Times Eastern	
Charlotte at Milwaukee, 8 p.m.	
Thursday's games	
Lake Erie at Peoria, 8:05 p.m.	
Toronto at Abbotsford, 10 p.m.	
Friday's games	
Syracuse at Adirondack, 7 p.m.	
Connecticut at Albany, 7 p.m.	
Wilkes-Barre/Scranton at Manchester, 7 p.m.	
Hershey at Springfield, 7 p.m.	
Worcester at Providence, 7:05 p.m.	
Hamilton at Rochester, 7:05 p.m.	
Binghamton at Norfolk, 7:30 p.m.	
St. John's at Portland, 7:30 p.m.	
Lake Erie at Milwaukee, 8 p.m.	
Houston at Oklahoma City, 8 p.m.	
Chicago at Rockford, 8:05 p.m.	
Grand Rapids at San Antonio, 8:30 p.m.	
Toronto at Abbotsford, 10 p.m.	

TRANSACTIONS

MLB

AMERICAN LEAGUE	
NEW YORK YANKEES —Exercise the 2013 contract options fon RHP David Aardsma, 2B Robinson Cano and CF Curtis Granderson.	
OAKLAND ATHLETICS —Exercised the 2013 contract option on RHP Grant Balfour. Declined to exercise the 2013 contract option on SS Stephen Drew.	
NATIONAL LEAGUE	
LOS ANGELES DODGERS —Declined to exercise the 2013 contract options on RHP Todd Coffey, OF-1B Juan Rivera and C Matt Treanor.	
MILWAUKEE BREWERS —Reinstated 1B Mat Gamel, SS Alex Gonzalez and LHP Chris Narveson from the 60-day DL. Agreed to terms with INF Hector Gomez on a minor-league contract.	

NBA

DALLAS MAVERICKS —Waived G Delonte West.
OKLAHOMA CITY THUNDER —Exercised its third-year option on G Reggie Jackson.

WESTERN CONFERENCE

NORTH DIVISION									
	GP	W	L	OTL	SOL	GF	GA	Pt	
Rochester	8	5	2	1	0	33	29	11	
Abbotsford	7	4	1	0	2	25	16	10	
Lake Erie	8	5	3	0	0	27	19	10	
Hamilton	6	3	2	1	0	15	18	7	
Toronto	6	3	2	0	1	17	17	7	
MIDWEST DIVISION									
	GP	W	L	OTL	SOL	GF	GA	Pt	
Chicago	8	5	2	1	0	21	22	11	
Rockford	8	4	3	0	1	21	21	9	
Grand Rapids	7	2	3	1	1	24	28	6	
Peoria	7	2	4	1	0	10	24	5	
Milwaukee	6	2	4	0	0	12	18	4	
SOUTH DIVISION									
	GP	W	L	OTL	SOL	GF	GA	Pt	
Charlotte	8	6	1	0	1	32	18	13	
Houston	7	4	2	1	0	27	19	9	
Okla. City	7	4	3	0	0	24	22	8	
Texas	7	3	4	0	0	15	23	6	
San Antonio	7	2	4	0	1	14	20	5	

Saturday, Nov. 3

Albany at Adirondack, 7 p.m.

Hershey at Bridgeport, 7 p.m.

Rochester at Hamilton, 7 p.m.

St. John's at Worcester, 7 p.m.

Binghamton at Norfolk, 7:15 p.m.

Houston at Oklahoma City, 8 p.m.

Grand Rapids at Texas, 8 p.m.

Milwaukee at Peoria, 8:05 p.m.

Lake Erie at Rockford, 8:05 p.m.

Sunday, Nov. 4

Wilkes-Barre/Scranton at Bridgeport, 3 p.m.

Chicago at Charlotte, 3 p.m.

Manchester at Worcester, 3 p.m.

St. John's at Providence, 3:05 p.m.

Oklahoma City at San Antonio, 5:30 p.m.

Grand Rapids at Houston, 6:05 p.m.

Horoscopes

Aries

March 21 - April 20

You will make your needs and desires known with ease today. Partners and colleagues will "get it" instantly, not least because you have such a straightforward way of expressing yourself. Try not to be rude though.

Taurus

April 21 - May 21

Others will do your bidding with no questions asked. With the Sun and Pluto on good terms, you have that imperious air that compels people to do what you say. Whether it's good for you, or them, is another matter.

Gemini

May 22 - June 21

Push your suspicions to one side and learn to trust the people you work and do business with. If you hesitate or hedge your bets, you may look back later and mentally kick yourself for being so timid.

Cancer

June 22 - July 23

Good news of one sort or another will come your way over the next 24 hours. Most likely it will have something to do with a long-term creative project or an affair of the heart — or maybe both.

Leo

July 24 - Aug. 23

You won't have to make much of an effort today — the world will come to you. Everything seems to be happening at just the right time and in just the right way. Make the most of this lucky streak.

Virgo

Aug. 24 - Sept. 23

Before you allow yourself to get annoyed with someone, make sure you have heard them right and make sure you understand what they are trying to say. It could be your own understanding that is at fault.

Libra

Sept. 24 - Oct. 23

Today's Sun-Pluto link is good for family and financial matters, and if you act quickly and decisively you will make some kind of breakthrough. Don't sit back and wait for things to happen. Go out and make them happen.

Scorpio

Oct. 24 - Nov. 22

This is a great time for getting things done, and a great time for travelling and socializing too. If you have been daydreaming about making an escape, this could be the day when you do it for real.

Sagittarius

Nov. 23 - Dec. 21

Your fortunes will change for the better over the next few days but there is no point trying to rush things. The Sun in the most sensitive area of your chart indicates you will achieve more by doing less.

Capricorn

Dec. 22 - Jan. 20

Pluto in your birth sign makes you ultra ambitious but today's link to the Sun means you need to let those you are working alongside make more of an input. They've got some good ideas too you know.

Aquarius

Jan. 21 - Feb. 19

Quality is always more important than quantity, so slow down a bit and focus on the one thing you are really good at. You don't have to do everything to be a success. Identify your niche.

Pisces

Feb. 20 - March 20

The cosmic picture is so favourable at the moment that you have every reason to believe that life will just keep on getting better. Today's Sun-Pluto link urges you to be more dynamic. Take what it is you desire. **SALLY BROMPTON**

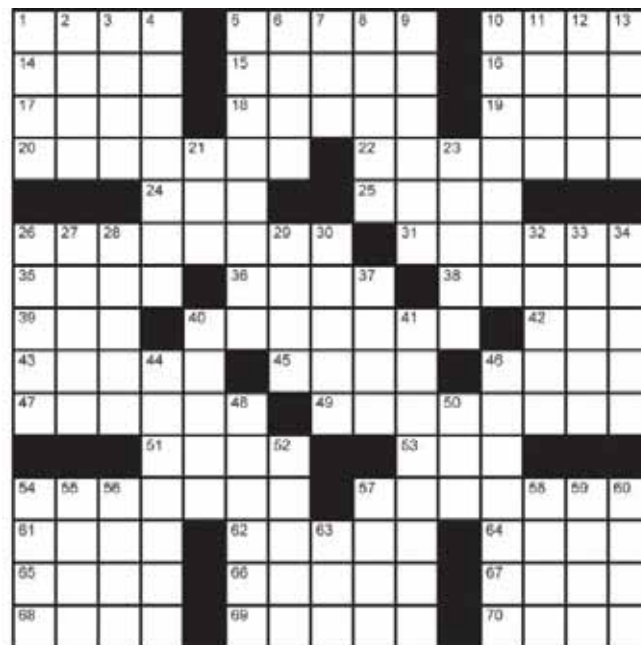
Miscellany

Across

1. ___ Scotia
5. Slurpees' competitors
10. Carriage horse's pace
14. Figure skater's leap
15. Engine supercharger, for short
16. Arranges crookedly, as a prizefight
17. Albanian neighbour
18. Distribute, as confetti
19. Southern California's best-known university, for short
20. Rabbit ears, e.g.
22. Third-largest municipality in 4-Down (2 wds.)
24. Kanga's child in the Winnie-the-Pooh books
25. Elm or oak
26. Come ___ : go to pieces, behaviourally
31. Discolors
35. "And ___ word from our sponsor" (2 wds.)
36. Bird feeder food
38. Bad news for a taxpayer
39. Island: Fr.
40. R.B. ___ : 11th Prime Minister (1930-35)
42. Big event for a dot-com: initialism
43. Like a wave, sometimes (when overwhelming)
45. Fly high
46. Lion's bellows
47. Having good placement in a race or tournament
49. Member of a Montréal CFL team
51. ___ Krishna
53. 1960s counterculture hallucinogen
54. Firmly fastened, like the seams on Levis
57. Hubbub
61. Hertz Rent-_-
62. "It's ___!": phrase of confirmation for an assignation (2 wds.)
64. Canada's largest petrol company
65. Ontario-born *Scream* star Campbell
66. The ___ of *Anne Frank*
67. In addition
68. Alumnus, for short
69. Circus animals that balance balls
70. Legal wrongdoing

Down

1. US space gp.
2. Yoked beasts
3. Green: Fr.
4. "Wild Rose Country" province
5. Defeatist declaration (3 wds.)
6. ___ deal: reach an agreement (2 wds.)
7. Flub
8. TV movie critic Roger
9. Farmers, when they strew seeds
10. 15th PM (1980-84)
11. Asian staple grain
12. Stare at
13. Pre-1917 Russian leader
21. And not
23. Coup _'___ : political rebellion
26. Apartments
27. "It's the truth!" (2 wds.)
28. Stockholm native
29. Religious sisters
30. Columbus's birthplace
32. Numskull
33. ___ your heels: bite on like a puppy (2 wds.)
34. Emporium
37. Blue shade
40. Sheep's cry
41. Streetcars
44. Stuck (to)
46. Beef or lamb, but not
48. Expects the worst
50. Can. neighbour
52. Murphy of *48 HRS.*
54. Resounded
55. Baker's frosting tool
56. "___-voom!"
57. Bottom-row PC key
58. Norway's capital
59. Soviet Union: initialism
60. Cheer (for)
63. Small battery



Yesterday's Crossword



What's online

See today's answers at metronews.ca/answers.

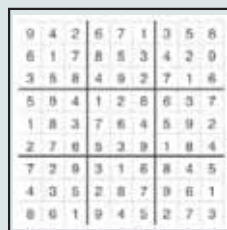


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



Weather

TODAY

WEDNESDAY

THURSDAY



MAX: -4°
MIN: -8°



MAX: -5°
MIN: -11°



MAX: 2°
MIN: -4°



MICHELE MCDOUGALL
WEATHER SPECIALIST

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R/T AWD



#P3266, NAVIGATION

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LIMITED AWD



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LARAMIE Q/C 4X4 DIESEL



#2R25148A

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2009 DODGE
CHALLENGER



#21R7379A

\$19,860

2009 FORD MUSTANG
GT CONVERTIBLE



#2R27061B

\$22,860

2003 DODGE RAM
2500 Q/C 4X4



#2R34720A

\$14,860



2008 HONDA
CIVIC Si



#2GH8273A

\$14,860

2004 BMW
X5 3.0L AWD



#2R16329A, SUNROOF

\$17,860

2009 JEEP COMPASS
4X4 NORTH



#EN3263A, AUTO

\$14,860

2009 KIA SPORTAGE
4X4



#2DR5236B

\$16,860

2010 JEEP GRAND
CHEROKEE LTD



#2GH1930B

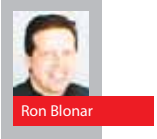
\$28,860

2012 DODGE RAM
1500 LONGHORN CREW



#2R12658A

\$41,860



2006 DODGE RAM 1500
Q/C LONESTAR



#2T45345A

\$18,860

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VITARA JLX



#23C9201A

\$11,860

2012 CHRYSLER
200 TOURING



#EN3235

\$17,960

2008 FORD EXPLORER
XLT 4X4



#EN3134B, 7 PASSENGER

\$19,870

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SPORT CREW



#2GC1500B

\$40,640

2009 DODGE RAM
1500 4X4 Q/C



#2R14736A

\$20,860



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SUPERCREW 4X4



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\$26,860

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ECLIPSE



#2R36784B

\$12,860

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VIBE



#2TC6170B

\$13,860

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RIDGELINE EX-L 4X4



#2R15772A

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500 POP



#1P46601A, LOW KMS.

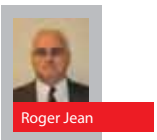
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#EN3260, AUTO

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#2R10229B

2011 JEEP WRANGLER
UNLIMITED SPORT #2R18393A

2010 TOYOTA MATRIX #2FT9355A

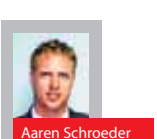
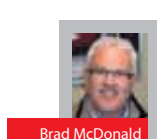
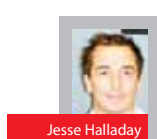
2007 CHEVROLET MONTE
CARLO LS #1GH2462A

2010 TOYOTA TUNDRA 4X4
TRD SR5 4X4 #2R17164A

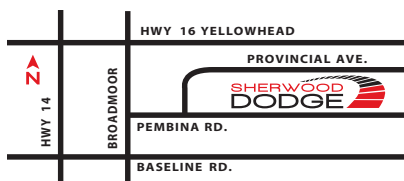
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